

State of Maine



WHEREAS, food is the substance by which life is sustained; and

WHEREAS, the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS, there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices; and

WHEREAS, the Maine Academy of Nutrition and Dietetics represents Registered Dietitians and Dietetic Technicians - Registered, who provide reliable, accurate, and science-based nutrition information to the people of Maine;

NOW, THEREFORE, be it resolved that I, Janet T. Mills, Governor of the State of Maine, do hereby proclaim the month of March 2022 as

National Nutrition Month

throughout the State of Maine, and I encourage all citizens to recognize this observation through increased awareness of their nutrition, health, and well-being.



In testimony whereof, I have caused the Great Seal of the State to be hereunto affixed GIVEN under my hand at Augusta this twenty-third day of February Two Thousand Twenty-Two

Janet T. Mills
Governor

Shenna Bellows
Secretary of State