



WHEREAS, muscular dystrophy is not a single disease or disorder that effects everyone the same way, but an umbrella term covering more than 52 different types of muscular and neuromuscular diseases ranging in severity; and

WHEREAS, all muscular dystrophies result in progressive muscle weakness, from mild muscle weakness to complete paralysis of all voluntary muscles, including those used for breathing and/or swallowing; and

WHEREAS, more than 50,000 individuals in the state of Maine are affected by one of the different types of muscular disorders; and

WHEREAS, muscular dystrophy strikes people regardless of race, sex, age or ethnicity; and

WHEREAS, raising public awareness of these diseases will continue to facilitate the discovery of treatments and cures, as well as bring much needed funding for support and services for those affected by muscular and neuromuscular diseases; and

WHEREAS, research has yielded more new drugs to treat 4 types of muscular diseases, including Duchenne, Spinal Muscular Atrophy, Myasthenia Gravis, and Lou Gehrig's - ALS; and

WHEREAS, Muscular Dystrophy Awareness / Light it Up Green for MD month is a special opportunity to educate the public about muscular/neuromuscular disorders and issues affecting families in the muscular dystrophy community;

NOW, THEREFORE, I, Janet T. Mills, Governor of the State of Maine, do hereby proclaim the month of August as

Light it Up Green for Muscular Dystrophy Awareness Month

throughout the State of Maine and I urge all citizens to recognize this observance.

In testimony whereof, I have caused the Great Seal of the State to be hereunto affixed GIVEN under my hand at Augusta this tenth day of August Two Thousand and Twenty-One.

A handwritten signature in blue ink, appearing to read "Janet T. Mills".

Janet T. Mills
Governor

A handwritten signature in blue ink, appearing to read "Shenna Bellows".
Shenna Bellows
Secretary of State

