

CEH Requirements by License Level

Established by Maine EMS Rules effective May 1, 2016

Chapter 5 § 5 (5)(C)(2)(F) starting on page 5-7 (55)

License Level	EMR	EMT	AEMT	Paramedic
Preparatory, Operations	2	2	2	2
Airway, Breathing, Circulation	8	8	12	16
Assessment	2	4	4	4
Medical	4	8	8	12
Trauma	4	6	6	8
Obstetrics, Pediatrics	4	8	8	8
BLS Psychomotor Skills	8	8	4	4
ALS Psychomotor Skills	0	0	4	8
Further Continuing Education	0	8	8	10
Total Hours	32	52	56	72

FAQ:

- Maine EMS rules does not establish a maximum number of hours that can be completed as distributive education (such as online recordings), with the exception of psychomotor skills, which must be done "live".
- Online courses must be CAPCE approved(formerly called CECBEMS) or Maine EMS approved.
- Online courses completed must have a certificate issued with clinician name, course hours and category, date completed, and indicate CAPCE approved on the certificate.
- CEH courses approved by another State EMS agency are allowed for Maine EMS license renewal.
- Courses completed in degree programs (such as nursing) *may* be eligible for CEH credit towards Maine EMS license renewal. Contact us at maine.ems@maine.gov for individual assistance.
- Psychomotor (ALS and/or BLS skills) hours cannot be completed online.
- A standardized list of CEH courses can be found on the Maine EMS website (www.maine.gov/ems) under "Education" and then "CEH Resources"
- A CEH calculation tool to help providers reconcile standardized courses into CEH hours. This tool also available on the Maine EMS website (www.maine.gov/ems) under "Education" and then "CEH Resources"

Maine EMS Continuing Education Category Definitions

Preparatory & EMS Operations

- EMS Systems, Communications, Emergency Medical Dispatching, Ethics, Medical Legal, Documentation, Injury Prevention, Body Substance Isolation & Universal Precautions, Blood borne Pathogens, Public Health, Rescue Operations, Hazardous Materials, Weapons of Mass Destruction, Ambulance Operations, Crime Scene Awareness, Sexual harassment, workplace safety

Airway, Breathing & Cardiac

- Airway Management, Shock & Resuscitation, ACLS, CPR, ECG Interpretation, 12-Lead, Respiratory & Cardiac Emergencies, related anatomy & physiology, pathophysiology, pharmacology, and medication administration.

Patient Assessment

- Scene size-up, Primary assessment, History Taking, Physical examination, Secondary assessment.

Medical

- Medical patient assessment methods, Neurology, Stroke, Seizure, Headache, Syncope, Diabetes, Endocrinology, Gastroenterology, Renal & Urology, Infectious Disease, Behavioral & Psychiatric, Hematology, Non-Traumatic Pain, related anatomy & physiology, pathophysiology, pharmacology, and medication administration.

Trauma

- Traumatic patient assessment methods, Kinematics, Soft-Tissue, Burns, Head, Facial, Neck & Spine, Thoracic, Abdominal, Musculoskeletal, Environmental, related anatomy & physiology, pathophysiology, pharmacology, and medication administration.

Obstetrics & Pediatrics

- Obstetrics, Gynecology, Neonatology, Pediatrics, related anatomy & physiology, pathophysiology, pharmacology, and medication administration.

Instructor Coordinator

- Instructor Roles and responsibilities, Classroom & Program Administrative issues, Educational Legal issues, Teaching resources, Educational Research, Goals and objectives, Lesson plans, Evaluation techniques, Student Motivation, Ethics, Learning Environment, Learning Styles, Domains of Learning, Presentation Skills, Facilitation techniques, Communication, Feedback, Teaching psychomotor skills, Affective Domain, Remediation, Teaching critical thinking skills, Discipline, and Culture

BLS Skills

- Airway adjuncts, Positive Pressure Ventilation, Suctioning, Supplemental oxygen devices, Bleeding control & burn care, AED, CPR/FBAO, Patient assessment, Cervical collar placement, Helmet & safety equipment removal, Seated spinal immobilization, Supine spinal immobilization, Spinal rule-out protocol, Splinting, Traction splinting, Blood glucose monitoring, Patient movement techniques & devices, Medication administration (Oral, Sublingual, MDI, Auto-injector)

ALS Skills

- ECG lead placement, Manual defibrillation, Synchronized cardioversion, Transcutaneous pacing, Endotracheal intubation, Blind insertion airway, CPAP, Surgical airway management, Chest decompression, End-Tidal Carbon Dioxide Monitoring, NG/OG Tubes, IV access, IO access, PIFT and other medical devices, Medication Administration (IV/IO push, IV/IO infusion, IM/SQ, Nebulized, Nasal, Transdermal)

Further Continuing Education

- THIS IS NOT A CATEGORY! This represents additional training to be received by the provider in the aforementioned categories.