## **EMS Clinician Return to Work Guidance After Positive COVID-19 Test** (Updated July 29, 2020)

Maine EMS Clinician with a Laboratory-Confirmed COVID-19 Test

Asymptomatic and not severly immunocompromised Asymptomatic and severely immunocompromised

Mild to moderate illness who are not severely immunocompromised

Severe to critical illness or who are severely immunocompromised and symptomatic

May return to work when at least 10 days have passed following the date of their first positive viral diagnostic test

May return to work when at least 20 days have passed following the date of their first positive viral diagnostic test

Exclude from work until ALL of the following are met:

- least 24 hours since resolution of fever without the use of feverreducing medications
- Symptoms have improved (e.g. cough, shortness of breath)
- At least 10 days have passsed since symptoms first appeared

Exclude from work until ALL of the following are met:

- At least 24 hours since resolution of fever without the use of feverreducing medications
- Symptoms have improved (e.g. cough, shortness of breath)
- At least 20 days have passsed since symptoms first appeared

## Notes:

As of July 17, 2020, the U.S. CDC no longer recommends a testbased strategy for returning to work. After returning to work, EMS clinicians should wear a facemask at all times and attempt to avoid contact with severely immunocompromised patients until all symptoms completely resolve. Definitions of illness severity and immunocompromise can be found on the U.S. CDC website: https://bit.ly/USCDCRTW (see QR code below)

## For More Information:





