**Substance Use**

One in four high school students drank alcohol within the past month (1).

15% high school students binge* drank within the past month (1).

32% 28% 26% 19% 17% 15%

Any use past month Binge drank past month

One in five (18%) adults (18+) binge** drank in the past month (2).

Male adults were 2X as likely to have binge drank than females (24% vs. 12%) (2).

Four in ten 18 to 25 year olds had binge drank in the past month (3).

7% 7% 16% 16% 20% 22%

12 to 17 Under 21 18 to 25 26 and older

**Consequences**

In 2013, there were 1,467 alcohol/drug related crashes (4).

Since 2009, alcohol/drug related crashes have decreased by 18% (4).

41% of EMS overdose responses were related to alcohol (5).

From 2011 to 2013, EMS alcohol overdoses responses increased from 1,343 to 2,144 (5).

In 2012, 11,708 arrests were related to alcohol; 5,836 (60%) were for operating under the influence (O.U.I.) (6).

In 2013, there were 4,145 primary treatment admissions for alcohol (35% of all primary admissions) (7).

Since 2009, alcohol related admissions have decreased by 38% (7).

Notes

*Binge drinking (defined by MIYHS) = five or more drinks in one setting
**Binge drinking (defined by BRFSS) = five more drinks in one setting if male and 4 or more drinks in one setting if female.

Sources

1. Maine Integrated Youth Health Survey (MIYHS)
2. Maine Behavioral Risk Factor Surveillance System (BRFSS)
3. National Drug Use and Health Survey (NSDUH)
4. Maine Department of Public Safety (DPS), Bureau of Highway Safety (BHS), Maine Department of Transportation (MDOT)
5. Maine Emergency Medical Services (EMS)
6. Maine Department of Public Safety (DPS), Uniform Crime Reports (UCR)
7. Treatment Data System (TDS)

Two out of three high school students felt it would be easy to get alcohol (1).

Those who felt alcohol was easy to get were 3X as likely to drink (1).

Of the high school students who had drank in the past month, 36% reported “someone gave it to them” (1).

In 2010, Maine sold 2.5 gallons of alcohol per person, compared to the U.S. at 2.3 (2).

Gallons of Alcohol Sold Per Capita

2.5 Vs. 2.3

Perceived Harm

In 2013, most (81%) high school students felt binge drinking was risky (1).

Perception of harm among high school students from binge drinking increased from 2009 to 2013. (1).

When compared to the U.S., Maine adults are less likely to feel binge drinking is risky (4).

Notes
*Consuming 1-2 drinks everyday

Sources
1. Maine Integrated Youth Health Survey (MIYHS)
2. Alcohol Epidemiological Data System (AEDS)
3. Maine Department of Public Safety (DPS)
4. National Survey on Drug Use and Health (NSDUH)

53% of high school students reported that they would NOT be caught by their parents for drinking alcohol (1).

High school students who thought they would NOT be caught by their parents were 5X as likely to drink in the past month (1).

74% of high school students reported that they would NOT be caught by the police for drinking alcohol (1).

High school students who believed they would NOT be caught by the police were 2X as likely to drink in the past month (1).

One out of three high school students felt they might be seen as cool if they drank alcohol (1).

Six out of ten high school students disapproved of someone their age drinking regularly* (1).

Two out of three high school students felt their friends would think it’s wrong for them to drink regularly* (1).

Notes
*Consuming 1-2 drinks everyday

Sources
1. Maine Integrated Youth Health Survey (MIYHS)
2. Alcohol Epidemiological Data System (AEDS)
3. Maine Department of Public Safety (DPS)
4. National Survey on Drug Use and Health (NSDUH)