

Your Baby Tested Positive for CMV: Now What?

About CMV

CMV is a common virus. Over half of adults are infected with CMV by age 40.

CMV can be passed to a developing baby during pregnancy. This is called congenital CMV (cCMV).

cCMV is different for each baby. Many have no symptoms. Others have symptoms such as hearing or vision problems.

Follow-up is important because some effects may not show up right away.



Talk to your baby's doctor about:

- Confirming the diagnosis within 21 days
- Seeing specialists



Get your baby's hearing checked by a hearing doctor (audiologist) if recommended by your doctor.



Learn about CMV resources using the QR codes below.

Resources

Maine CDC



<https://tinyurl.com/48aeje93>

National CMV Foundation



<https://tinyurl.com/3t38s5ys>

Help Me Grow Maine



<https://tinyurl.com/mbwx525>



Maine CDC Maternal and Child Health Program

Email: MCH.CDC@maine.gov | Tel: 207-287-5357 (V)