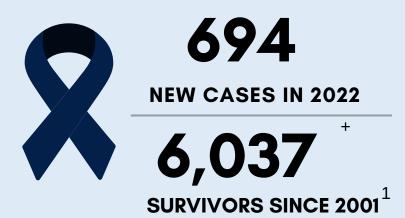
Colorectal Cancer (CRC) in Maine

2022 STATS AND FACTS FROM THE MAINE CDC CANCER REGISTRY

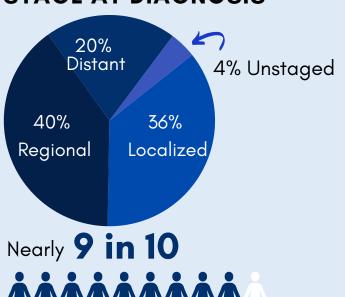


CRC is the <u>3rd</u> leading cause of cancer death.

The 5-year relative survival is **67.5%**.²

Maine ranks **8th** highest in the US for CRC 5-year survival rate. ³

STAGE AT DIAGNOSIS



people diagnosed at a localized stage will survive at least 5 years (vs 2 in 10 at a distant stage).⁵

INCIDENCE RATE PER 100,000



MORTALITY RATE PER 100,000



Rate per 100,000 age-adjusted to the 2000 US standard population

Risk Factors

- Age
- Poor diet
- Obesity
- Physical inactivity
- Smoking
- Alcohol consumption

7 in 10 people

45-75 years old were up to date with their CRC screening in 2022.4*

1–3,5. U.S. Cancer Statistics Data Visualizations Tool. https://www.cdc.gov/cancer/dataviz

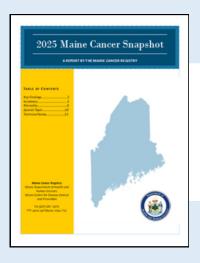
- 4. Behavioral Risk Factor Surveillance System (BRFSS).
- + Prevalence counts are an estimate of the number of survivors on 1/1/2023 who were diagnosed between 2001-2022.
- * In 2021, CRC screening recommendations changed from screening at age 50 to screening at age 45.

MAINE CDC CANCER REGISTRY (MCR)

The MCR collects information about all newly diagnosed cancers in Maine residents to better understand cancer, identify areas in need of public health interventions, and improve cancer prevention, treatment, and control.

MAINE CDC COLORECTAL CANCER CONTROL PROGRAM

The purpose of the MCRCCP is to increase colorectal cancer screening rates among Maine residents between 45-75 years of age. Our program works with participating federally qualified health centers to use and strengthen strategies that have been shown to increase colorectal cancer screening, called evidence-based interventions.

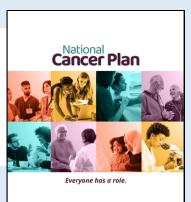


REPORTS



National Cancer Plan





For more on screening options for CRC visit: Screen Maine

For more on health behaviors, chronic diseases, and social determinants of health in Maine visit: <u>Maine Community Health Needs Assessment</u>

Questions? Contact Colorectal Cancer Program Manager Gretchen Sminkey at <u>Gretchen.Sminkey@maine.gov</u>

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