



**Department of Health and Human Services  
Maine Center for Disease Control and  
Prevention**

**Children & Youth with Special Health  
Care Needs (CYSHCN)**

The mission of Maine's Children and Youth with Special Health Care Needs Program is to improve the health and quality of life for children with special health care needs and their families.

Visit us at:

<https://www.maine.gov/dhhs/mecdc/population-health/mch/cshn/>

Email: [MCH.CDC@maine.gov](mailto:MCH.CDC@maine.gov)

Phone: 207-287-5357



The Health Care Coordinator provides a unique resource for families, providers, and communities. The goal is to assist families and providers in finding services that will help the child or youth acquire optimal health, development, well-being, and the best quality of life.



The Health Care Coordinator can assist with:

- Insurance appeals
- Application processes
- Advocacy
- Navigation of healthcare systems
- Referrals
- Finding resources
- Connecting families to other support systems and services
- Training case managers/ care managers on best practices and guidelines.

This service is available to families of children and youth from birth through age 21.



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