

Janet T. Mills  
Governor

Jeanne M. Lambrew, Ph.D  
Commissioner



Maine Department of Health and Human Services  
Maine Center for Disease Control and Prevention  
11 State House Station  
286 Water Street  
Augusta, Maine 04333-0011  
Tel: (207) 287-8016; Fax (207) 287-9058  
TTY: Dial 711 (Maine Relay)

## Aroostook District Coordinating Council for Public Health (DCC)

### Quarterly Meeting

February 5, 2020

9:00 am – 11:30am

Northern Maine Development Commission, 11 West Presque Isle Road, Caribou, Maine

Adobe Link: <http://stateofmaine.adobeconnect.com/r2xjb8sj0v2q/>

Phone: 877-455-0244 Conference Number: 448 660 2715

The mission of the Aroostook DCC is to be the district-wide representative body for collaborative public health infrastructure development in Aroostook County by:

- ensuring the effective and efficient delivery of the 10 EPHS in Aroostook County
- creating and sustaining partnerships and shared public health resources
- promoting county-wide collaboration in public health assessment, planning, implementation, and evaluation;
- continually enhancing the quality of public health services provided

## Minutes

**In attendance:** Kristin McAuley, Maine Health CTI; Lindsay Hart, Maine Health CTI; Kim Parent, Power of Prevention; Tanya Sleeper, AHH/UMFK; Alan Bois, Northern Maine Medical Center; Beverly Wardwell, Public Health Nursing; Jann Jackson, Power of Prevention/Cary Medical Center; Carol Bell, Community Representative; Ellen Bartlett, Houlton Regional Hospital; Jay Kamm, Northern Maine Development Commission; George Howe, City of Presque Isle – LHO; Laura Turner, NL AR Gould Hospital; Jennifer Brewer, NL AR Gould Hospital; Sarris Ennis, United Way of Aroostook; Dr. Rachel Albert, UMFK; Joy Barresi Saucier, Aroostook Agency on Aging; Leah Buck, Northern Maine Community College; Stacy Boucher, Maine CDC; Maura Goss, Maine CDC (Adobe/Conference Line) Megan Melville, Health Care Coalition of Northern Maine; Tammy Hatch, Public Health Nursing Supervisor; Heidi Warman, Katahdin Valley Health Center; Tammy Farwell, Public Health Nursing

### Review Minutes

Meeting minutes from the [Aroostook DCC on November 6, 2019](#) we approved as written.

*Discussion: Regarding if a member was in attendance, member was not present at the Nov 6<sup>th</sup> meeting.*

Topic: [Electronic Nicotine Delivery Systems \(ENDS\)/Vaping Related Illness](#)

Guest Presenter: **Kristen McAuley**, Director, Prevention and Training, Center for Tobacco Independence, MaineHealth

### District Operations Update:

#### 1. [Council Coordinator Update](#)

#### 2. Council Business

- Letter of Support for Northern Maine Development Commission's grant regarding Environmental Justice.

#### 3. Membership

- Laura T has named Jennifer Brewer as her alternate.
- Newly attending Heidi Warman, Katahdin Valley Health Center



*Inspiring Leadership, Engaging Communities, Improving Health*

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- Newly named Tribal Liaison, Kristie Ricker, is reassuming the position. Kristie is employed by the Houlton Band of Maliseet Indians.

#### 4. Committees

- Healthy Aging
  - Healthy Aging Meeting minutes from [January 22, 2020](#) are included in meeting packet. Discussion: At the last Healthy Aging meeting two speakers, special requests from the workgroups, came to discuss Accessory Dwelling Units (a Housing Workgroup request) and Cognitive Assessments (a Workforce workgroup request). Healthy Aging will use the information gleaned from these speakers to continue with workgroup action planning.
  - The next Healthy Aging workgroup meets will be on Wednesday February 26, 2020. They will be at the Northern Maine Development Commission building, Housing will be at nine AM and workforce will be at ten AM.

#### 5. Local Public Health Systems Assessment Update

- Aroostook's LPHSA dates decided by discussion May 6<sup>th</sup> & June 3<sup>rd</sup>
- LPHSA & State PHSA presentation to SCC board [December 12, 2019](#). There is now a legislative mandate for the Maine CDC to finish the LPHSA by the end of the year.  
**ACTION:** Please Save these dates council members are all needed as our core group of Aroostook Systems Experts.

#### District Public Health Improvement Business:

- Statewide Coordinating Council Meeting December 12, 2019  
**ACTION:** Meeting Packets and Minutes are available for download [here](#).
- Maine Prevention Services
  - MPS Updates: [Tobacco](#), [Obesity Y4Q3](#), [Tobacco2](#)
  - Aroostook DCC accepted and reviewed the three MYAN applications. MYAN awarded their new Youth Engagement contract to AMHC. MYAN had many wonderful things to say about Aroostook's review process and the application review committee.
  - Newest MYAN Data Page [One](#), [Two](#), [Three](#) & [Four](#)
- Emergency Preparedness
  - MGT319 Training: Medical Countermeasures: Point of Dispensing (POD), Planning and Response happening around the state. Central – May 11 & 12; Southern – May 14 & 15; Northern already happened in Jan/Feb 2019 looking towards possible 2020/21
  - Trainings: March – Workplace Violence Prevention; April – ASPER presentation
  - Three CST Surge Tests have been conducted – After action plan discussion next Wednesday 9 – 12 in Ellsworth.

#### Round Table

Stacy –

1. Governor's Opioid Response Toolkits, Stacy has ten available
2. Craig Rothfuss – the new Caribou Epidemiologist says activity has increased due to Coronavirus related inquiries. Please see the [Maine CDC Website](#) for the most up to date information.
3. Sign up for the Maine Health Alert Network (HAN) alerts if interested & remain vaccinated.



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Laura –

1. February is Healthy Heart Month – Wear Red Friday & Please take flyers.
2. Healthy Aging Lunch Monday February 10, 2020, please take flyers.
3. Walk with a Doc – Tuesday February 25, 2020 at Aroostook Center Mall.
4. Fit and Fun – Nordic Heritage Center – This Sunday: Snowshoe hike, Saturday March 7, 2020 Winter Frolic, please take flyers.

Joy –

1. AAA Area Plan in process and a public hearing is coming up, the needs assessment has been completed and the report will be available soon.

Alain –

1. UMFK has a Vaping Presentation on Thursday February 6<sup>th</sup>
2. The ER has implemented their MAT program.
3. Monitoring the Coronavirus

Leah –

1. UNE County Visitation Rotation March 16 & May 18, if you are interested in showing off your organization please contact Leah.
2. New Medical Assisting Program: One-year certificate program. If you have candidates, please refer them.
3. LPH program starting in February
4. NAMI – Mental Health First Aid – April 27<sup>th</sup> NMCC
5. Hands on Narcan trains can be done on demand.

Addy –

1. WIC numbers are low
2. They have money to assist moms/pregnant moms with Oral Health

Beverly –

1. Janette Sherman, PHN Supervisor for many years, Funeral is tonight.
2. PHN turns 100 this year

Jay –

1. Drug Take Back kiosks have been purchased by a collaboration from the police and the Main Environmental Protection agency. All police should now have these kiosks.

Jen –

1. Ongoing Narcan teachings
2. Peer Coaching started in April
3. Silver Recovery House being built in Caribou should be opening in Mid-March.

Next Meeting - **Wednesday, May 6, 2020**

Meeting Adjourn.

