






**Cumberland District Public Health Council  
Full Council Meeting  
March 15<sup>th</sup>, 2024  
Virtual Meeting Zoom**

**Present:** Kim Beaudoin, Eilish Carpenter, Harper Chance, Deqa Dhalac, Emma Donnelly, Patrice Leary-Forrey, Barbara Ginley, Angela Giordano, Samantha Grela, Susie Guthro, Alexis Guy, Caity Hager, Tina Holt, Amanda Hutchins, Jill Irish, Kristine Jenkins, Val Johnstone, Josephine Kamagaju, Courtney Kennedy, Katie Kerr, Eisha Khan, Michael Koza, Janet Lewin, Micaela Maynard, Nina Misra, Liz Blackwell-Moore, Bridget O’Connor, Leesah Patt, Haley Prevatt, Bridget Rauscher, Sarah Rines, Hannah Ruhl , Barb Skelton, Helen Twombly, Matthew Yeaton, Jiffy Kelley-Young

Topic	Discussion	Notes/Actions
<b>Prevention: Substance Use and Tobacco Prevention</b>	Maine CDC provides funding to partners across the state to engage in prevention programming, under the umbrella of the <a href="#">Maine Prevention Network</a> . In Cumberland Public Health District, Maine CDC has contracted with Cumberland County Public Health to carry out this work, along with several sub-contracting partners. The theme of this meeting was to hear back from Cumberland County Public Health about the work they have completed so far under the funding, in two areas of prevention: Substance Use and Tobacco Prevention (the other two funded prevention areas are Health Eating, Active Living, and Youth Engagement and Empowerment). In addition to the work of the Maine Prevention Network, other partners were invited to talk about the important work they are doing around tobacco and substance use in local communities of Cumberland County: Westbrook Partners for Prevention, Be the Influence (Windham and Raymond), and MaineHealth’s Center for Tobacco Independence (CTI).	
<b>Janet Lewin</b> Westbrook Partners for Prevention	Highlights of Westbrook Partners for Prevention’s work included: - Developed a Youth Advisory Council (YAC) to directly involve youth in prevention efforts, significantly growing from 4 to 40 active members due to personal connections and engaging topics.	

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	<ul style="list-style-type: none"> <li>- Created a vaping PSA displayed at Apple Cinemas, garnering over 53,000 impressions.</li> <li>- Introduced Sharps boxes, overdose recognition, and response trainings, compliance checks with police, and collaborated with Opportunity Alliance and City of Portland Public Health.</li> <li>- Implemented "One Box" Naloxone distribution in strategic community locations.</li> <li>- Conducted staff training, updated policies to distribute Naloxone, developed equity initiatives, and provided resources for parents.</li> </ul>	
<p><b>Val Johnstone &amp; Angela Giordano</b> Cumberland County Government and Public Health</p>	<ul style="list-style-type: none"> <li>- Collected shared data from the SupportME Coalition that was run by Healthy Communities of the Capital Area and analyzed and presented by Maine CDC.</li> <li>-Engaged in the planning process in the Lakes Region surrounding vaping prevention, funded by MeHAF.</li> <li>- In the process of hiring a Multicultural Prevention Specialist position to enhance community engagement and support. Apply <a href="#">here</a></li> </ul>	 MPN Overview 3_1_24 APPROVED.pdf  2024_03_15_TSUP CCDPHC Presentation
<p><b>Sarah Rines</b> Center for Tobacco Independence- Statewide Tobacco Treatment Initiative</p>	<ul style="list-style-type: none"> <li>-Reported 8,000 coaching interviews in FY 2023, with a 40% quit rate among participants. Emphasized digital services and text programs.</li> <li>-<b>Maine QuitLink</b> for more information visit <a href="http://MaineQuitLink.com">MaineQuitLink.com</a></li> <li>-<b>My Life My Quit</b> for more information visit <a href="http://MyLifeMyQuit.com">MyLifeMyQuit.com</a></li> <li>-<b>American Indian Program</b> for more information visit <a href="http://AIQuitLine.com">AIQuitLine.com</a></li> </ul>	 CTI Updates for District Coordinating (

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<p><b>Patrice Leary-Forrey</b> Be The Influence</p>	<p>Be the Influence is always looking for guest speakers or professional training opportunities to join our Monthly Community Coalition Meetings.</p> <p>Please feel free to reach out to Patrice if this is an opportunity/collaboration you would be interested in. <a href="mailto:BTIDirector@windhammaine.us">BTIDirector@windhammaine.us</a></p>	
<p><b>Member Updates:</b></p>	<p><b>MaineHealth</b></p> <ul style="list-style-type: none"> <li>-On January 21, 2024 SDOH screening began.</li> <li>-MaineHealth is hosting a community-based organization meeting, March 28<sup>th</sup> Virtual 1:00-2:30. To register <a href="#">click here</a></li> </ul> <p><b>Cumberland County Public Health Department</b></p> <ul style="list-style-type: none"> <li>-RFP for innovations and capacity building in treatments with \$80,000 available, located on the Cumberland County Public Health Department's behavioral public health page. <a href="https://www.cumberlandcountyme.gov/departments/public_health_department/behavior_health_program/opioid_settlement_funds.php">https://www.cumberlandcountyme.gov/departments/public_health_department/behavior_health_program/opioid_settlement_funds.php</a></li> </ul>	
	<p>The next Cumberland District Public Health Council Meeting is scheduled to be held on May 17<sup>th</sup>, 2024</p>	