



**Cumberland District Public Health Council
Full Council Meeting
September 15th, 2023
Hybrid Meeting Zoom & In-Person**

Present: Cadeau Assoumani, Cathy Bean, Liz Blackwell-Moore, Anna Bullet, Eilish Carpenter, Harper Chance, Mufalo Chitam, Joseph Deschenes, Tammy Diaz, Ellen Freedmen, Barbara Ginley, Cathy Gosselin, Cassandra Grantham, Zoe Grodsky, Susie Guthro, Alexis Guy, Tina Holt, Lori Huot, Rylen Hynes, Kristine Jenkins, Courtney Kennedy, Katie Kerr, Eisha Kahn, Grace Lapika, Katie Lutts, Dacoda Maddalone, Janya Mallon, Nina Misra, Dakota Muise, Bridget O’Connor, Julie Orrego, Leesah Patt, Darcey Pomerleau, Bridget Rauscher, Chelsea Robbins, Madeleine Saucier, Blake Shepherd, Miranda Shorty, Amelya Tibbetts, Sally Weiss, Kristina Wilson

Topic	Discussion	Notes/Actions
<p>Welcome and Council Update: Cathy Bean, CDPHC Chair</p>	<p>CDPHC Chair, Welcome. The Executive Committee is looking at increasing the Council Membership. If you are not a voting member and would like to be, OR are a voting member, and would like to join the Executive Committee, please contact Kristine at Kristine.L.Jenkins@maine.gov, or call 207-485-0541</p>	
<p>Sally Weiss, Vice President of Workforce Policy and Strategic Initiatives, Maine Hospital Association</p>	<p><i>Briefing: Healthcare SDOH Requirements</i></p> <p>CMS is introducing a new requirement for hospitals to report on social determinants of health (SDOH). This will require hospitals to screen in-patients when they are admitted according to 5 SDOH factors: food insecurity; transportation; housing; utilities; and safety. There will be a year to collect the data before it has to be submitted to CMS. Currently, there is no requirement to provide referrals to services for patients, but that may be required in the future. This is a big lift for the 36 hospitals across the state. There are questions around who will do the screenings – but there are ways to screen, even if a person is incapacitated.</p> <p>Ellen Freedman discussed the out-patient screenings and referrals that MaineHealth has begun instituting, with the roll out of www.Findhelpp.org which is integrated into the EMR. FindHelp is</p>	<p>To view CMS’ Accountable Health Communities Health-Related Social Needs Screening Tool, visit: https://www.cms.gov/priorities/innovation/files/worksheets/a/hcm-screeningtool.pdf</p>

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	<p>available to the public as well, and they coordinate listings with 211. Northern Light is also using FindHelp.</p> <p>Kristina Wilson reported that Bridgton Hospital is not yet contracted with FindHelp, but you the public facing version for referrals and information.</p>	
<p>Youth Engagement in Cumberland District</p>	<p><u>Student Summit, Lake Region High School:</u> Miranda Shorty and LRHS students, Dakota Muise, Rianna Reynolds, and Joseph Deschenes Student Summit is fully inclusive; recognizes that students are the experts about their needs and concerns; is equity-building; and allows students to engage to their comfort and ability. The Student Summit utilizes practices of Total Quality Management (TQM); Collective Action to promote change; and Roger Hart’s Ladder of Participation. Some projects have included: MH check-ins using a QR code; “I don’t say” campaign; Bathroom vandalism creative response; Hat policy campaign; and promoting composting and garden meals, among other issues. They are pressing to have the student slot on the school board used in a meaningful way.</p> <p><u>Telling Room Residency and Publication:</u> Susie Guthro, Opportunity Alliance, and Rylan Hynes, The Telling Room presented on a jointly supported writing residency at Lake Region Middle School, with the goal of empowering rural youth to use their voices through writing. Amy Kimball is the author who worked with the students over a series of weeks, and the resulting publication “From My Perspective” is being published, and a release party is planned at the Magic Lantern Theater in Bridgton.</p> <p><u>Youth Mental Health:</u> Katie Lutts, OUT Maine presented on the organization’s work to increase LGBTQ+ youth’s sense of mattering; to decrease digital isolation in summer; to reduce homelessness for LGBTQ+ youth; create safe spaces, like book clubs for younger and older kids, camps, and holding Rainbow Prom. OUT Maine has resources available on-line, as well as medical office</p>	<p>To order copies of <u>From My Perspective</u> visit: https://www.tellingroom.org/bookstore/from-my-perspective</p> <p>To learn more about TOA’s Community-Building Work visit: https://www.opportunityalliance.org/communitybuilding</p> <p>To learn more about Telling Room programs visit: https://www.tellingroom.org/</p> <p>To learn more about OUT Maine visit: https://www.outmaine.org/</p>

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	and school kits, and they conduct trainings – including a specific training for medical practitioners.	
Member Updates:	<ul style="list-style-type: none"> -MIRC reported on preparations for hurricane at their Salvation Army/YMCA based family shelter, and in the various area hotels, especially providing food in advance of the storm -Cumberland County Public Health has hired a restorative justice specialist, and will hold a parents and LGBTQ+ youth event in Gorham in early October -Good Shepherd Food Bank has a new president, Heather Thompson Paquette -SNAP recipients who lose power for more than 8 hours are eligible for reimbursement -through DHHS -Eisha Kahn is working at the SDOH roll-out at MaineHealth, and the go-live date is January 1st -Cumberland County Food Security Council is recruiting high school students for their internship program (Portland, Westbrook, and South Portland) -HEAL has 3 new FoodCorps positions within school food service - MH/Maine Med Food Pantry is opening up to external volunteers – they serve 465 families (10 tons of food, 8 tons of fresh produce) in 5 hours, the one day/week they are open. -Portland Public Health launched the SPUR program to provide basic health screenings and refer urgent cases to providers – hoping to take pressure off of GPH (which has a waitlist of 600) - MYAN is holding the Youth Leadership Conference in November in Augusta 	
	The next Cumberland District Public Health Council Meeting is scheduled to be held on September 17th, 2023	