



YORK DISTRICT PUBLIC HEALTH COUNCIL

Quarterly Full Council Meeting Notes

Monday, December 9th, 2024

8am – 10am

Held in-person at York County Community College

Present: Deb Adams, Cheri Anderson, Dana Baldwin, Dede Cadieux, Arthur Capello, Emilee Caradonna, Laura Cashell, Deborah Curtis, Alison Cyr, Lauren Deegan, JoAnne Dowd, Chelsea Farrington, Emily Flinkstrom, Bethany Fortier, Valerie Franks, Carter Friend, Michael Froning, Rick Frost, Cait Grant, Clay Graybeal, Joe Hansen, Adam Hartwig, Reagan Hebert, Nancy Hooper, Libby Hutton, Peter Jacobs, Betsy Kelly, Sally Manninen, Casey Marcotte, Fiona McQuaide, Thersea Mercier, Nina Misra, Martha Morrison, Gabe O'Brien, Cassie Ring, Diane Small, CJ Smith, Doug Smith, Sarah Stanley, Mia Taranko, Ted Trainer, and Abigail Woods.

	Item	Details	Next Steps
1.	Welcome and Introductions: Adam Hartwig, Maine CDC District Liaison	Adam Hartwig, York District Public Health Liaison with Maine CDC, welcomed participants and introduced today's agenda.	
2.	Maine CDC Updates: Adam Hartwig, Maine CDC District Liaison	The Maine CDC has completed the State Health Improvement Plan (SHIP) assessment. The next step of the process includes establishing topic subcommittees. Adam shared the SHIP priorities of Mental Health, Access to Care, Safe and Stable Housing, and Substance Use. Folks may get an email from Nancy Birkhimer to help support the subcommittees. Maine CDC is looking forward to site visits for reaccreditation purposes. Maine CDC is preparing for a Readiness Supply Chain Assessment.	Please email Adam for more information: Adam.Hartwig@Maine.gov
3.	United Way ALICE Presentation	Val Franks and Nina Misra with United Way of Southern Maine shared a detailed presentation on ALICE Data which include folks who are Asset Limited, Income Constrained, Employed — earning more than the Federal Poverty Level, but not enough to afford the basics where they live. See presentation attached with the notes.	Val Franks: vfranks@uwsme.org Nina Misra: nmisra@uwsme.org www.unitedforalice.org/alice-in-action

Vision: We envision a comprehensive, well-coordinated, accessible, and equitable public health system for all in York County.

4.	Discussion Pannel	<p>Val Franks and Nina Misra were joined by Carter Friend with York County Community Action Corps (YCCAC), Emily Flinkstrom with Mainspring, and Diane Small with Sanford Housing Authority in a panel discussion. The panel shared their work to support ALICE community members, and participants had the chance to join the conversation.</p> <p>Participants discussed how poverty problems and solutions differ from ALICE problems and solutions. Many echoed the need of preventing housing loss – topics shared included more affordable housing, increasing minimum wage, improving financial literacy and education, and increasing awareness and access to benefits.</p> <p>Participants noted stress, stigma, and politics as impacting the ALICE population.</p>	<p>Next steps: If you are interested in participating in an Advisory Panel around ALICE data, please email Val: vfranks@uwsme.org</p>
5.	Adjourn	<p>The full Council will be meeting again in March 2025 – the Executive Committee will continue to meet and looks forward to connecting soon. Questions and comments? Please email: Adam.Hartwig@Maine.gov or Emilee.Caradonna@Maine.gov</p>	

Vision: We envision a comprehensive, well-coordinated, accessible, and equitable public health system for all in York County.

ALICE IN MAINE: A STUDY OF FINANCIAL HARDSHIP

UNITED WAY OF SOUTHERN MAINE

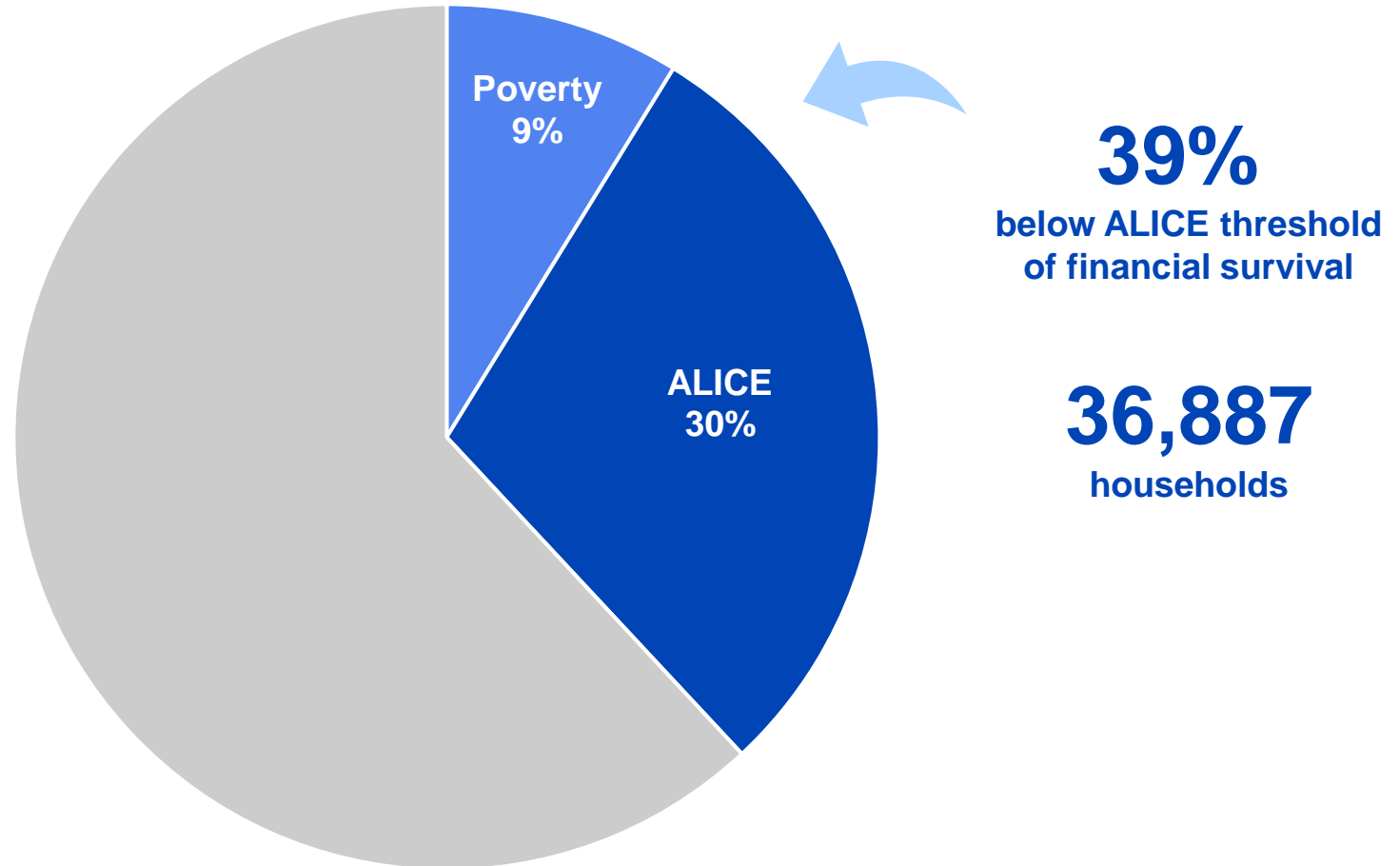


MEET ALICE

ASSET LIMITED, INCOME CONSTRAINED, EMPLOYED



ALICE in York County



ALICE National - State - County

United States

42% of Households
54,345,006 Households

Maine

42% of Households
249,725 Households

York County

39% of Households
36,887 Households

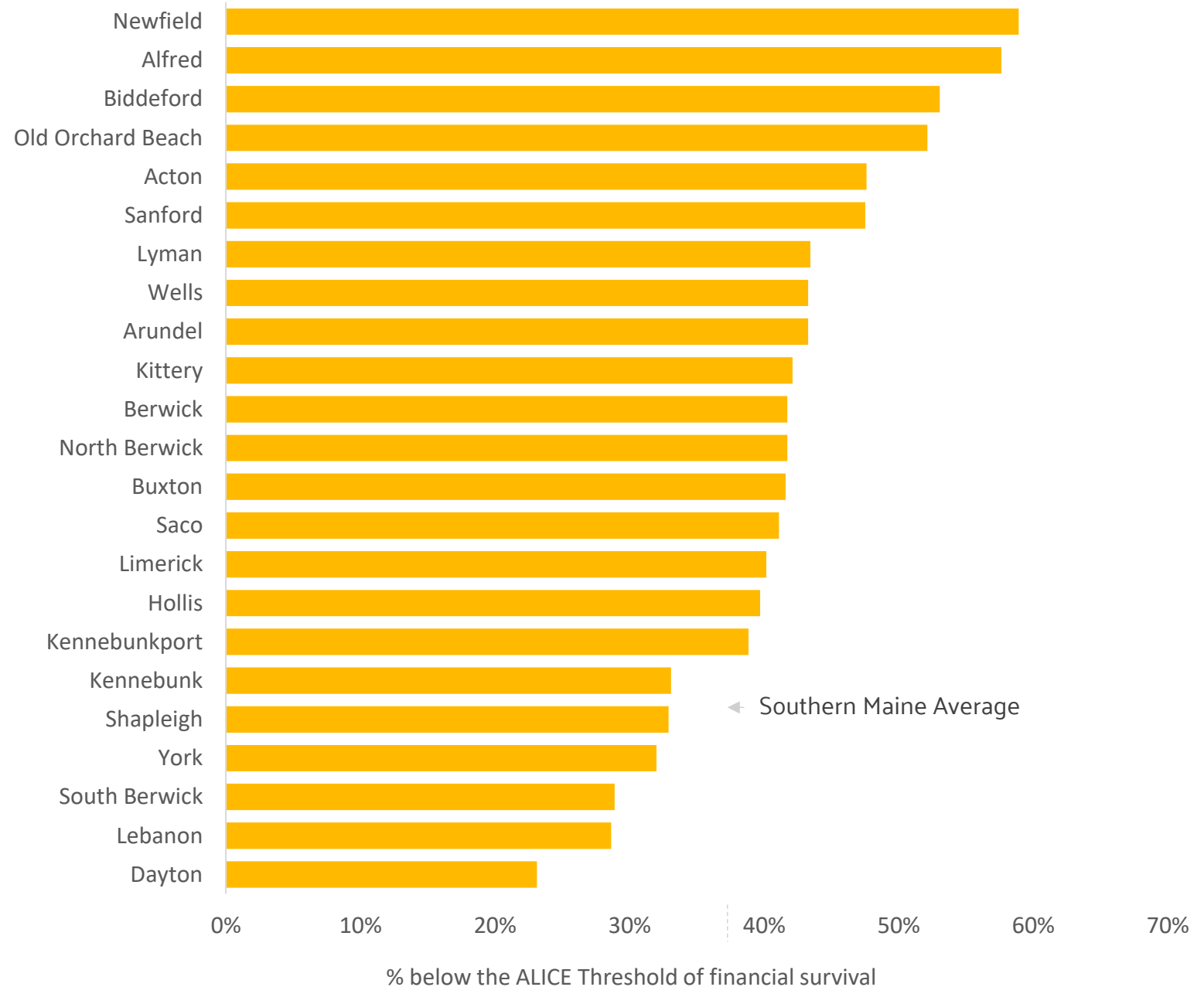


UNITED WAY
Southern Maine



Severely Impacted Towns in York County

Some towns are experiencing financial hardship at significantly higher rates: Newfield, Alfred, Biddeford, OOB, Acton, Sanford



Hardest-Hit Populations



**over 65 +
under 25**

The **oldest** and **youngest** household segments face the highest rates of financial hardship.



79%

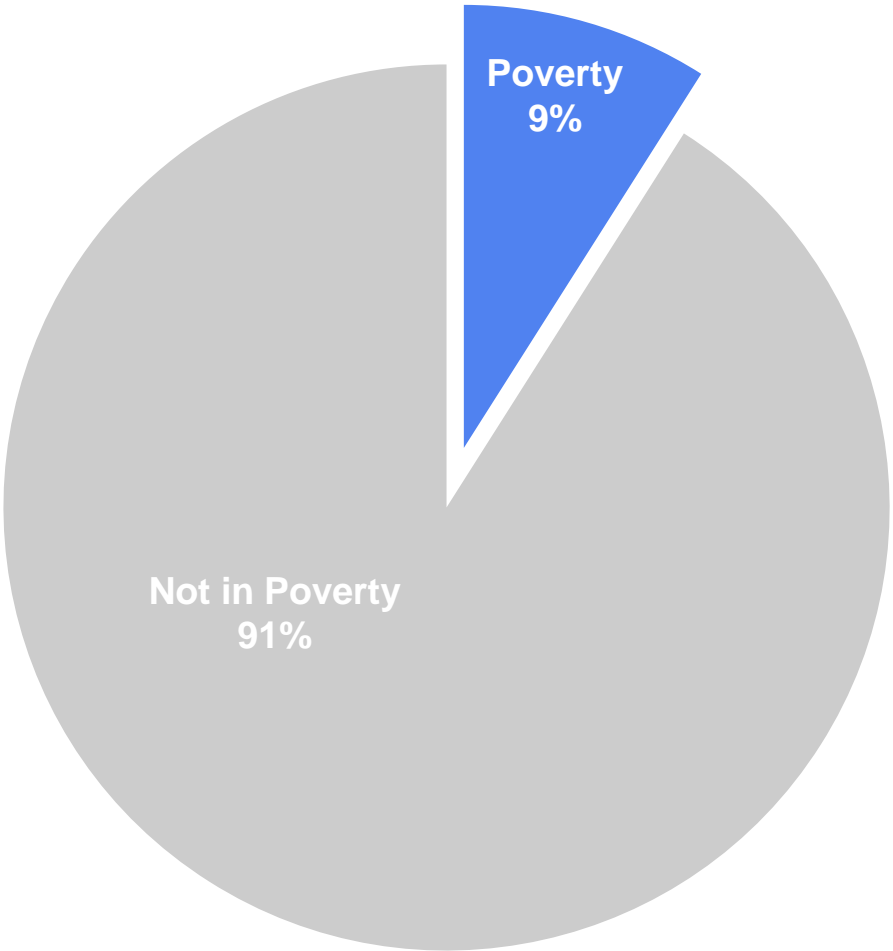
of **single female-headed** households are ALICE.



47%

of **Black** households in York are ALICE, compared to 40% of white households.

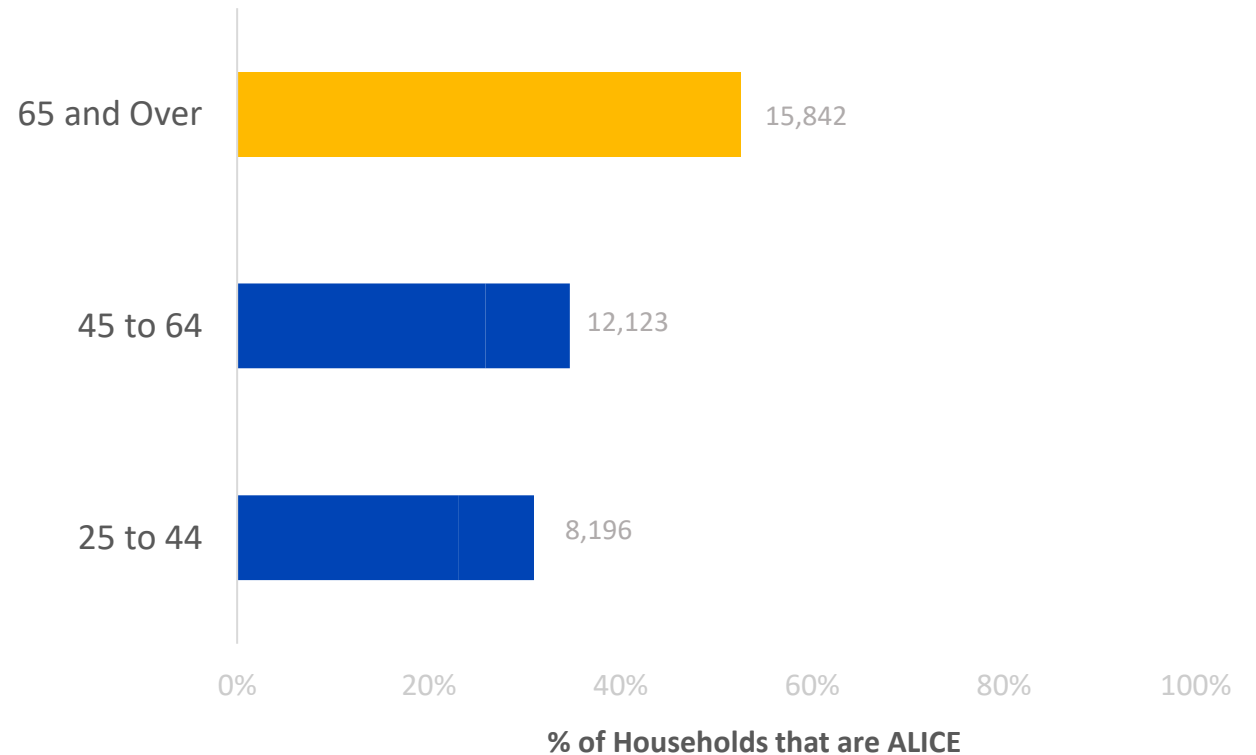
Misleading Federal Poverty Level



HOUSEHOLD SURVIVAL BUDGET - YORK				
Monthly Costs and Credits	Single Adult	One Adult, One in Child Care	Two Older Adults	Single Older Adult
Housing - Rent	\$980	\$1,072	\$1,072	\$980
Housing - Utilities	\$163	\$258	\$258	\$163
Child Care	\$0	\$625	\$0	\$0
Food	\$564	\$858	\$954	\$520
Transportation	\$396	\$529	\$508	\$331
Health Care	\$184	\$397	\$1,100	\$550
Technology	\$86	\$86	\$116	\$86
Miscellaneous	\$237	\$383	\$401	\$263
Tax Payments	\$462	\$981	\$934	\$535
Tax Credits	\$0	(\$229)	\$0	\$0
Monthly Total	\$3,072	\$4,960	\$5,343	\$3,428
ANNUAL TOTAL	\$36,864	\$59,520	\$64,116	\$41,136
Hourly Wage	\$18.43	\$29.76	\$32.06	\$20.57

Older Adults in York County

York County's older adult households (65+) are experiencing **deep financial hardship**.



Spending Too Much on Housing

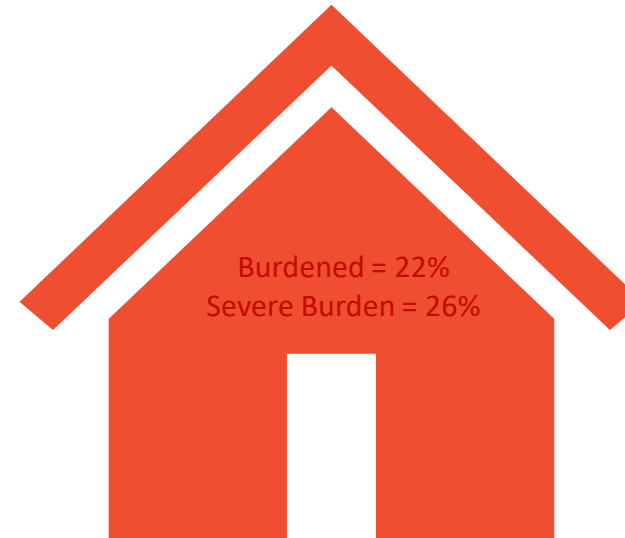
49%

of ALICE renters are rent
burdened



48%

of ALICE homeowners
are owner cost burdened



ALICE Jobs & Incomes in Southern Maine

Common ALICE Industries	Job Title	Median Hourly Wage	Budget Shortfall	
			Hourly	Monthly
Health Care & Social Assistance	Personal Care Aide	\$15.91	\$13.50	\$1,755
Retail Trade	Retail Sales	\$15.11	\$14.30	\$1,859
Accommodation & Food Services	Food Preparation Worker	\$15.17	\$14.24	\$1,851
Transportation & Warehouse	Driver/Sales Worker	\$19.32	\$10.09	\$1,312
Educational Instruction	Teaching Assistant	\$20.86	\$8.55	\$1,112

Single Mother with One Child in Child Care
Survival Budget = \$29.76



Social Determinants of Health



59%

have 3 to 4-year-old children who are **not enrolled in preschool**



66%

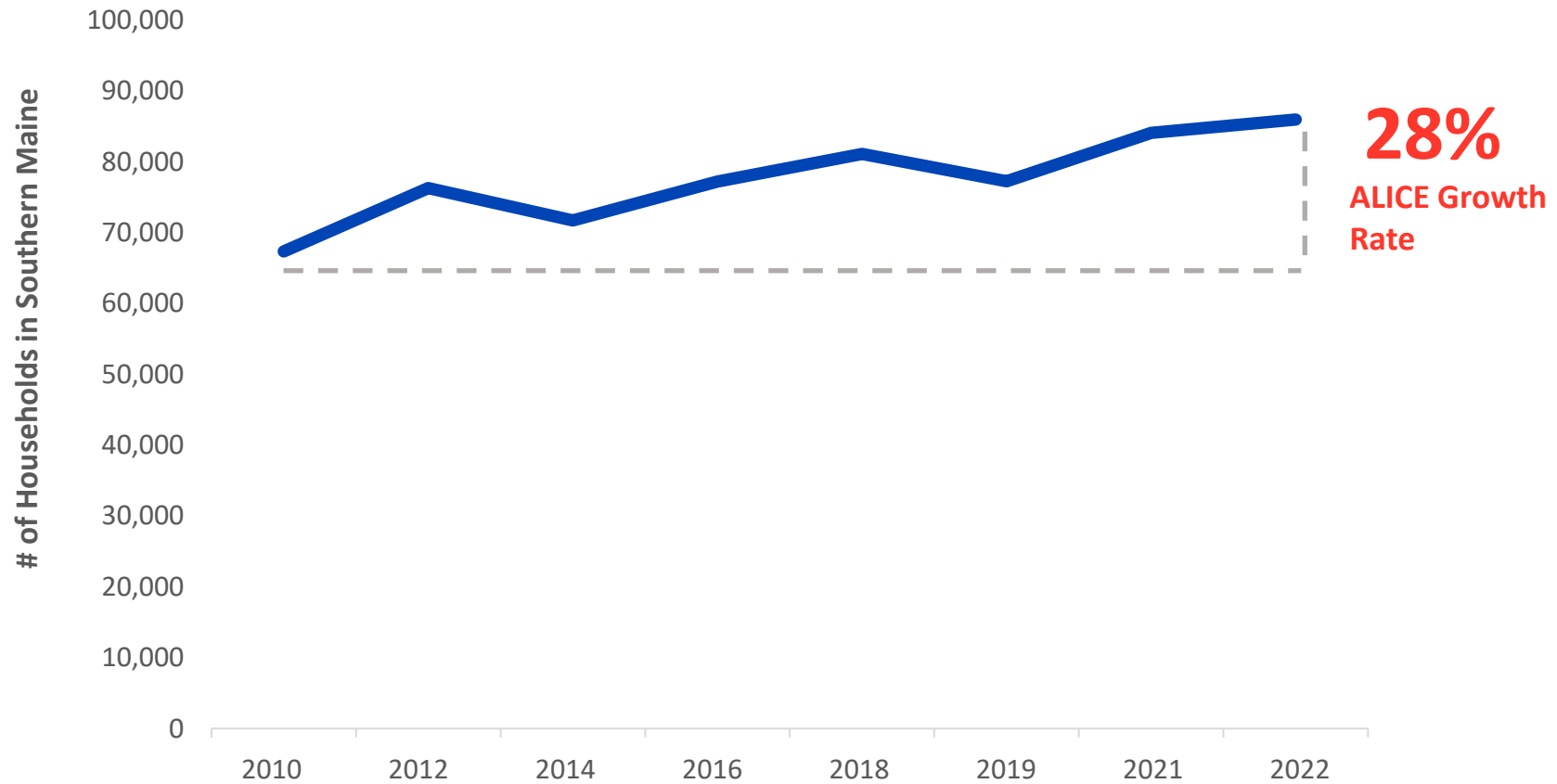
do not have a **college degree**, compared to 50% across Southern Maine



13%

of ALICE children **do not** have **health insurance**, compared to 6% across Southern Maine

Growing Population



United Way Helps ALICE Rise

URGENT NEEDS



CHILD CARE

WOMEN
UNITED

BIDDEFORD
READY!



FINANCIAL STABILITY



SOUTHERN MAINE
WORKFORCE INITIATIVE

Emerging Policies & Programs

- **Use ALICE data to better understand need**
 - **Good Shepherd Food Bank** uses ALICE data to identify communities facing food insecurity.
 - **Maine Shared Community Health Needs Assessments** included ALICE data
- **Develop programs and policies to help ALICE**
 - **New Jersey** introduced a bill to raise income eligibility for subsidized child care assistance programs using ALICE threshold.
- **Collaborate across sectors to develop solutions**
 - **Greater Portland Coalition of Governments Housing Summit** gathered local policy, business, and non-profit leaders to discuss housing solutions for ALICE.
- **Fundraise to support employees facing financial emergency and to relieve medical debt**



Join Us

Who do you know that might be ALICE?

Why do you think ALICE is growing in your community?

What opportunities do you see to support ALICE?

Explore the data at aliceinmaine.org.





**ALICE research in
Maine is sponsored
by the
John T. Gorman
Foundation**

Maine Research Advisory Committee:

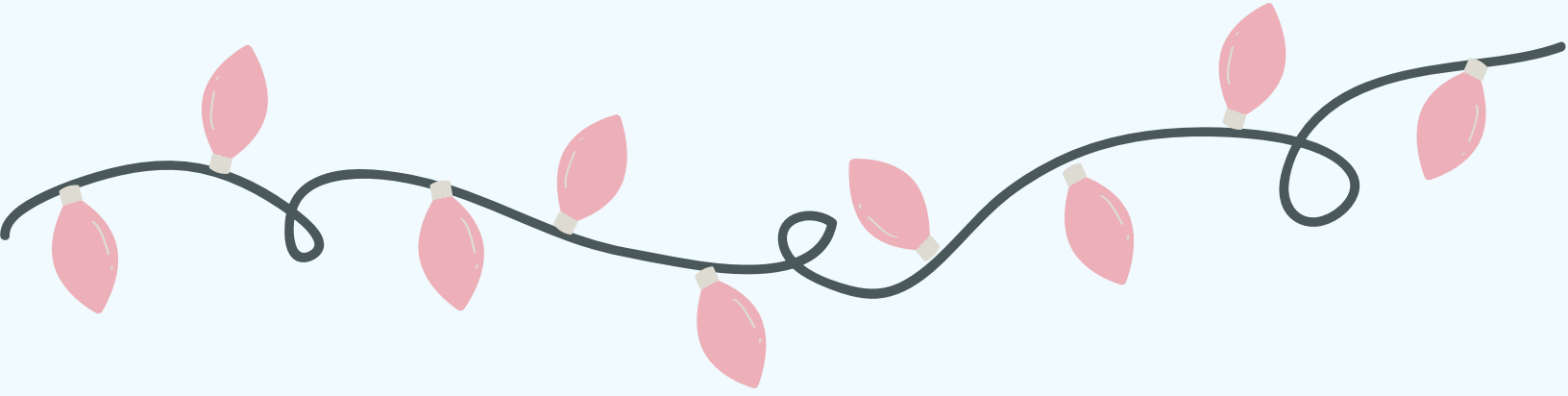
- **Joshua Cole**, *MaineHousing*
- **Tim Cowan**, M.S.P.H., *MaineHealth*
- **Michael Donihue**, Ph.D., *Colby College*
- **Sarah Goan**, M.P.P., *Data Innovation Project, University of Southern Maine*
- **Helen Hemminger**, M.A., *Maine Children's Alliance*
- **Kelsi Hobbs**, Ph.D., *School of Economics, University of Maine*
- **Valerie Franks**, M.P.P., *United Way of Southern Maine*
- **Marcelle Medford**, Ph.D., *Bates College and Permanent Commission on the Status of Racial, Indigenous and Maine Tribal Populations, State of Maine*
- **Jean Mellett**, M.B.A., *Northern Light Health*
- **Peter Nalli**, M.S., M.P.A., *Regional & Community Outreach Department, Federal Reserve Bank of Boston*
- **Arthur Phillips**, *Maine Center for Economic Policy*
- **Julia Trujillo Luengo**, M.S., *Maine Department of Economic & Community Development*
- **Craig Zurhorst**, *Western Maine Transportation Services*



United Way of Southern Maine is hosting discussions about ALICE across our community. Your feedback will help us improve future presentations. Thank you!



Scan the QR Code to complete a brief survey.



York District

HOLIDAY FOOD RESOURCE GUIDE

DECEMBER 2024

To find food assistance near you, please visit:

www.maine.gov/dacf/ard/tefap/bytown.shtml

<https://www.gsfb.org/food-map/>

<https://www.accessmaine.org/basic-needs/food-assistance>



ALFRED:

YORK COUNTY SHELTERS PROGRAM IS OFFERING CHRISTMAS BASKETS – 1 PER FAMILY – TO BE PICKED UP AT THEIR FOOD PANTRY: 5 SWETTS BRIDGE ROAD ON DECEMBER 23RD AND 24TH FROM 9AM – 3PM.

BERWICK:

TABLE OF PLENTY IS OFFERING A CHRISTMAS DINNER AT THE BERWICK UNITED METHODIST CHURCH, 37 SCHOOL STREET, BERWICK, ON WEDNESDAY, DECEMBER 18TH, FROM 4PM – 5:30PM AS SUPPLIES LAST FOR DINE-IN OR TAKE HOME. A BAKED HAM WITH SIDES AND DESSERT WILL BE SERVED. ALL ARE WELCOME. *PLEASE NOTE, MEALS WILL NOT BE SERVED ON CHRISTMAS OR NEW YEARS DAY.

BIDDEFORD:

THE SECOND CONGREGATIONAL CHURCH IS HOSTING THEIR ANNUAL COMMUNITY HAM DINNER ON CHRISTMAS EVE AT 4:30PM AT 19 CRESCENT STREET, BIDDEFORD, ME. WELCOME TO ALL. PLEASE CALL 207-391-6279 OR EMAIL SECONDCONGBIDDEFORD@GMAIL.COM FOR MORE INFORMATION.

*BON APPETIT COMMUNITY MEAL PROGRAM SERVES AN ONGOING MEAL 5 DAYS A WEEK, MONDAY – FRIDAY AT 4:30PM AND A SUNDAY BREAKFAST FROM 8 – 9AM AT THE SECOND CONGREGATIONAL CHURCH AT 19 CRESCENT STREET. CHRISTMAS DAY DINNER WILL BE SERVED AT THEIR NORMAL TIME.

SECOND CONGREGATIONAL CHURCH IS HOSTING THEIR KIDS CHRISTMAS SHOPPING EVENT WHERE CHILDREN CAN SELECT 1 GIFT FOR UP TO 4 ADULTS. CHILDREN AGED 2 – 5 CAN SHOP WITH PARENTS. CHILDREN AGED 6 – 17, KIDS CAN SELECT A GIFT TO WRAP AND TAG WHILE PARENTS WAIT IN THE ENTERTAINMENT AREA. A PANCAKE BREAKFAST FOR REGISTRANTS WILL BE HELD FROM 9AM – 11AM. FOR MORE INFORMATION, VISIT [THEIR FACEBOOK EVENT PAGE](#) OR EMAIL KIDSCHRISTMASSHOPPING@GMAIL.COM.

KENNEBUNK:

HOLIDAY FOOD BOX PROGRAM, NOEL DINNER, ELDER ELVES AT THE SENIOR CENTER AT LOWER VILLAGE, AND CHRISTMAS TREE VOUCHERS ARE ALL GENEROUSLY AVAILABLE TO FAMILIES IN KENNEBUNK, AND SOME EXTENDED TO THE RESIDENTS IN KENNEBUNKPORT AND ARUNDEL AS WELL. ALL THE DETAILS AND INFORMATION ABOUT THESE COMMUNITY OFFERINGS CAN BE FOUND AT: WWW.KENNEBUNKMAINE.US/393/HOLIDAY-ASSISTANCE

KITTERY:

TABLE OF PLENTY IS HOSTING A CHRISTMAS DINNER AT ST. RAPHAEL'S CHURCH, 6 WHIPPLE RD., KITTERY ON THURSDAY, DECEMBER 19TH FROM 4PM – 5PM AS SUPPLIES LAST. A BAKED HAM WITH SIDES AND DESSERT WILL BE AVAILABLE FOR DINE-IN OR TAKE HOME.

SANFORD:

THE SANFORD-SPRINGVALE VFW IS HOSTING A FREE DINNER ON CHRISTMAS DAY FROM 12PM TO 4PM, AT THE HALL ON 1 HUTCHINSON STREET. ALL ARE WELCOME! FOR MORE INFORMATION, CALL (207) 324-1142.

YORK:

BOARDMAN-ELLIS VFW POST 6977 IS HOSTING THEIR ANNUAL CHRISTMAS DINNER AT 75 CAPE NEDDICK ROAD, FROM 12:00PM - 2:00PM. DINE-IN AND TAKE-OUT OPTIONS ARE AVAILABLE. PLEASE CALL (207) 363-9827 AND ASK FRANK FOR MORE DETAILS. PLEASE ARRIVE EARLY.

