**Adolescents with special healthcare needs transitioning to adult healthcare**

**Questions for ages 14-15**

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| Questions | Yes | No |
| Have I discussed my family health history with my parent/guardian and provider? |  |  |
| Do you have a copy of your own medical, dental or vision insurance card? |  |  |
| Have I practiced scheduling my own medical appointment? |  |  |
| Do I know who to call if there is a medical emergency? |  |  |
| Have I spent time alone with my provider asking questions regarding my healthcare? |  |  |
| Have I taken the Supported-Decision Making class at Maine Parent Federation? |  |  |
| Do I feel some form of supported decision making would work once I turn 18? |  |  |