

DATA SOURCES AND DEFINITIONS

INDICATOR	DATA SOURCE	DEFINITION
DEMOGRAPHICS		
Population numbers	<i>US Census Bureau, American Community Survey</i>	The estimated number people who reside in the specified geographic area (e.g. Maine or a Maine County) or belong to a specific population group.
Population (percent of total Maine population)	<i>US Census Bureau, American Community Survey</i>	Percentage of the total Maine population who reside in the specified geographic area (e.g. Maine or a Maine County) or belong to a specific population group.
Veterans	<i>US Census Bureau, American Community Survey</i>	Percentage of residents who are veterans.
Gay, lesbian and bisexual (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who identify as gay, lesbian, or bisexual. Data collected in odd numbered years.
Gay, lesbian and bisexual (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who identify as gay or lesbian, or bisexual. Data collected every year, except 2016.
Transgender youth	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who identify as transgender. Data collected in odd numbered years.
Persons with a disability	<i>US Census Bureau, American Community Survey</i>	Percentage of residents who report having any one of the six disability types: hearing difficulty, vision difficulty, cognitive difficulty, ambulatory difficulty, self-care difficulty, independent living difficulty.
SOCIAL DETERMINANTS OF HEALTH		
Individuals living in poverty	<i>US Census Bureau, American Community Survey</i>	Percentage of individuals who live in households where the total income of the householder's family is below the established federal poverty level.
Children living in poverty	<i>U.S. Census Bureau, Small Area Income and Poverty Estimates (SAIPE) Program</i>	Percentage of children, ages 0-17 years, who live in households where the total income of the householder's family is below the established federal poverty level.
Children eligible for free or reduced lunch	<i>Maine Dept. of Education</i>	Student eligibility is based on grade, not age, students enrolled through graduation are able to access the program. Student living in families at less than 185% of the poverty level are eligible. For example, an income of \$34,060 for a family of 4 qualifies for a free lunch and \$48,470 for a reduced lunch in 2020.
Median household income	<i>US Census Bureau, American Community Survey</i>	Dollar amount that divides all households in the specified geographic area into two equal groups: half of the households having more income and the other half having less income.
Unemployment	<i>US Bureau of Labor Statistics</i>	Percentage of non-institutionalized civilians in the labor force who were not employed. Reported monthly and rates are averaged for the full year.
High school student graduation	<i>Maine Dept. of Education</i>	Percentage of high school students who graduate with a regular diploma four years after starting ninth grade. Graduation rates are determined for students in all public schools and in all private schools that have 60% or more publicly funded students.
People living in rural areas	<i>US Census Bureau, American Community Survey</i>	Percentage of residents in the specified geographic area who live in rural areas, as defined by the New England Rural Health Roundtable.
Access to broadband	<i>Federal Communications Committee</i>	Percentage of residents with access to broadband internet.
No vehicle for the household	<i>US Census Bureau, American Community Survey</i>	Percentage of households where no one owns a motor vehicle.
65+ living alone	<i>US Census Bureau, American Community Survey</i>	Percentage of all households where a person 65 years or older is living alone.
Households that spend more than 50% of income toward housing	<i>US Census Bureau, American Community Survey</i>	Percentage of households that spend 50% or more of their household income on housing.
Housing insecure (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who report they usually do not sleep in their parent's or guardian's home. Data collected in odd numbered years.

INDICATOR	DATA SOURCE	DEFINITION
SOCIAL DETERMINANTS OF HEALTH (CONTINUED)		
Adverse childhood experiences (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who report at least four out of nine adverse childhood experiences. Data collected in odd numbered years.
Associate's degree or higher among those age 25 and older	<i>US Census Bureau, American Community Survey</i>	Percentage of residents, age 25 and older, who have an associate's degree or higher.
Commute of greater than 30 minutes driving alone	<i>US Census Bureau, American Community Survey</i>	Percentage of residents who drive alone for a work commute longer than 30 minutes.
GENERAL HEALTH STATUS		
Fair or poor health (self-rated)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who rate their health as fair or poor (vs. excellent, very good or good).
14 or more days lost due to poor physical health	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults whose physical health was not good during 14 or more out of the past 30 days.
14 or more days lost due to poor mental health	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults whose mental health was not good during 14 or more out of the past 30 days.
Three or more chronic conditions	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have been diagnosed with three or more chronic health conditions (chronic conditions in skin cancer, other types of cancer, cardiovascular disease [such as stroke], coronary heart disease [such as heart attack], arthritis, COPD and asthma, obesity, and chronic kidney disease. Hypertension and high cholesterol are not included in this definition, because data on these conditions are collected biennially whereas the other conditions are collected annually.
OVERALL MORTALITY		
Overall death rate per 100,000 population	<i>Maine CDC Vital Records and CDC WONDER Online Database</i>	Rate per 100,000 people of deaths from any cause.
Leading causes of death	<i>National Center for Health Statistics, US CDC</i>	List of the causes of death that are the most frequent in the population, based on the number of deaths, sorted from highest to lowest frequency.
Rate of years of potential life lost per 100,000 population	<i>County Health Rankings</i>	Rate per 100,000 people of the total number of years lost before the age of 75. YPLL is calculated by subtracting the age at which a person died from 75. The difference in years (of potential life lost) for all those who died before age 75 is added together.
Leading causes of years of potential life lost	<i>National Center for Health Statistics, US CDC</i>	List of the causes of death with the highest values of years of potential life lost (YPLL), sorted from highest to lowest YPLL. YPLL is calculated by subtracting the age at which a person died from 75. The difference in years (of potential life lost) for all those who died before age 75 is added together.
Life expectancy	<i>National Center for Health Statistics, US CDC</i>	Life expectancy at birth
ACCESS		
Uninsured	<i>US Census Bureau, American Community Survey</i>	Percentage of people who do not currently have any form of health insurance (either individually purchased, provided through their employer, or provided through the government).
MaineCare enrollment (all ages)	<i>MaineCare</i>	Percentage of individuals, of all ages, who were participating in MaineCare. Figures exclude individuals who were nonresidents or who were out of state.
MaineCare enrollment (ages 0-19)	<i>MaineCare</i>	Percentage of children, ages 0-19 years, who were participating in MaineCare. Figures exclude individuals who were nonresidents or who were out of state.
Ratio of population to primary care physicians	<i>Health Resources and Services Administration</i>	Ratio of population to practicing primary care physicians.
Usual primary care provider (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have at least one person they think of as their personal doctor or healthcare provider.
Primary care visit to any primary care provider in the past year	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who had a regular physical exam (not for a specific injury, illness, or condition) within the last 12 months.

INDICATOR	DATA SOURCE	DEFINITION
ACCESS (CONTINUED)		
Cost barriers to health care	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults reporting that there was a time during the last 12 months when they needed to see a doctor but could not because of the cost.
Children with a medical home	<i>National Survey of Children's Health</i>	Percentage of children, ages 0-17 years, who have a medical home.
Primary care visits that were more than 30 miles from the patient's home	<i>Maine Health Data Organization, All Payer Claims Database</i>	Visits to a primary care provider who is located more than 30 miles from the patient home.
HEALTH CARE QUALITY		
Ambulatory care-sensitive condition hospitalizations per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 people of hospitalizations with a principal diagnosis of an ambulatory care-sensitive condition. ACSCs are conditions for which good outpatient care can potentially prevent the need for hospitalization, or for which early intervention can prevent complications or more severe disease.
Ambulatory care-sensitive condition emergency department rate per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 people of emergency department discharges with a principal diagnosis of an ambulatory care-sensitive condition. ACSCs are conditions for which good outpatient care can potentially prevent the need for hospitalization, or for which early intervention can prevent complications or more severe disease.
Hospital readmissions within 30 days of discharge (medical)	<i>Dartmouth Atlas</i>	Percentage of patients hospitalized for a medical condition who were readmitted within 30 days of discharge.
Hospital readmissions within 30 days of discharge (surgical)	<i>Dartmouth Atlas</i>	Percentage of patients hospitalized for a surgery who were readmitted within 30 days of discharge.
CANCER		
All cancer deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths from any type of cancer.
Colorectal cancer deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths from colon or rectum cancers.
Female breast cancer deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 females of deaths from breast cancer.
Lung cancer deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths from lung or bronchus cancers.
Prostate cancer deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 males of deaths from prostate cancer.
Tobacco-related cancer deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths from tobacco-related cancers, excluding lung and bronchus cancers.
All cancer new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 people of new cases of any type of cancer.
Bladder cancer new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 people of new cases of bladder cancer.
Colorectal cancer new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 people of new cases of colon or rectum cancers.
Colorectal late-stage new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 people of new cases of colon or rectum cancers diagnosed after the cancer has spread beyond the local site.
Female breast cancer new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 females of new cases of breast cancer.
Female breast cancer late-stage new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 females of new cases of breast cancer diagnosed after the cancer has spread beyond the local site.
Lung cancer new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 people of new cases of lung or bronchus cancers.
Lung cancer late-stage incidence per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 people of new cases of lung or bronchus cancers diagnosed after the cancer has spread beyond the local site.

INDICATOR	DATA SOURCE	DEFINITION
CANCER (CONTINUED)		
Melanoma skin cancer new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 people of new cases of melanoma of the skin.
Prostate cancer new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 males of new cases of prostate cancer.
Tobacco-related cancer (excluding lung cancer) new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 people of new cases of tobacco-related cancers, excluding lung and bronchus cancers.
HPV-associated cancer new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 people of new cases of Human Papillomavirus (HPV)-associated Cancers
Obesity-associated cancer (excluding colon cancer) new cases per 100,000 population	<i>Maine Cancer Registry</i>	Rate per 100,000 people of new cases of obesity-associated cancers, excluding colon and rectal cancers.
Breast cancer screening up-to-date	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of females, ages 50 years and older, who had a mammogram within the past 2 years. Data collected in even numbered years.
Colorectal cancer screening up-to-date	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults, ages 50 years and older, who had a screening for colorectal cancer within the time period recommended in the US CDC guidelines. Data collected in even numbered years.
Cervical cancer screening up-to-date	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of females, ages 21 to 65, with an intact cervix, who have had a pap smear within the past three years. Data collected in even numbered years.
Lung cancer screening rate among eligible adults	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who received a computed tomography (CT) scan to check for lung cancer, reported among smokers aged 55–80 who had a ≥30 pack-year smoking history and who currently smoke or quit <15 years ago who met U.S. Preventive Services Task Force (USPSTF) lung cancer screening criteria. BRFSS state-added module introduced in 2017.
CARDIOVASCULAR DISEASE		
High blood pressure	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have ever been told by a healthcare provider that they have high blood pressure. Data collected in odd numbered years.
High cholesterol	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have been told by a healthcare provider that their blood cholesterol is high. Data collected in odd numbered years.
Cardiovascular disease deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths with cardiovascular disease as an underlying cause of death.
Coronary heart disease deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths with coronary heart disease as an underlying cause of death.
Heart attack deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths with heart attack as an underlying cause of death.
Stroke deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths with stroke as an underlying cause of death.
Heart attack hospitalizations per 10,000 population	<i>Maine Health Data Organization Hospital Inpatient Database</i>	Rate per 10,000 people of hospital discharges with a principal diagnosis of a heart attack.
Heart failure hospitalizations per 10,000 population	<i>Maine Health Data Organization Hospital Inpatient Database</i>	Rate per 10,000 people of hospital discharges with a principal diagnosis of heart failure.
High blood pressure hospitalizations per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 people of hospital discharges with a principal diagnosis of hypertension.
Stroke hospitalizations per 10,000 population	<i>Maine Health Data Organization Hospital Inpatient Database</i>	Rate per 10,000 people of hospital discharges with a principal diagnosis of stroke.
Cholesterol checked in past five years	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who had their blood cholesterol checked within the past 5 years. Data collected in odd numbered years.

INDICATOR	DATA SOURCE	DEFINITION
DIABETES		
Diabetes	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults that have ever been told by a doctor or healthcare provider that they have diabetes, excluding diabetes during pregnancy.
Pre-diabetes	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults that have ever been told by a healthcare provider that they have pre-diabetes or borderline diabetes.
Diabetes deaths (underlying cause) per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths with diabetes as an underlying cause of death.
Diabetes hospitalizations (principal diagnosis) per 10,000 population	<i>Maine Health Data Organization Hospital Inpatient Database</i>	Rate per 10,000 people of hospital discharges with a principal diagnosis of diabetes.
Diabetes emergency department rate (principal diagnosis) per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 people of emergency department discharges with a principal diagnosis of diabetes.
A1c test at least twice/year (adults with diabetes)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults with diabetes who have had a healthcare provider checked them for "A1c" at least twice in the past 12 months.
Formal diabetes education (adults with diabetes)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults with diabetes who have ever taken a course or class in how to manage their diabetes themselves.
Foot exam annually (adults with diabetes)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults with diabetes who have had a healthcare provider check their feet for any sores or irritations within the past year.
Dilated eye exam annually (adults with diabetes)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults with diabetes who have had an eye exam in which the pupils were dilated within the past year.
RESPIRATORY HEALTH		
Current asthma (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have been told by a healthcare provider that they had asthma and that they still have asthma.
Current asthma (youth ages 0-17)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of children ages 0-17 years who have been diagnosed with asthma and still have asthma.
Chronic lower respiratory disease deaths per 100,000 population	<i>Maine CDC Vital Records and CDC WONDER Online Database</i>	Rate per 100,000 people of deaths due to chronic lower respiratory disease.
Asthma emergency department rate per 10,000 population	<i>Maine Health Data Organization Hospital Inpatient and Outpatient Databases</i>	Rate per 10,000 people of emergency department discharges with a principal diagnosis of asthma.
Chronic obstructive pulmonary disease (COPD)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have ever been told by a healthcare provider that they have chronic obstructive pulmonary disease (COPD), emphysema, or chronic bronchitis.
Chronic obstructive pulmonary disease hospitalizations per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 people of hospital discharges with a principal diagnosis of chronic obstructive pulmonary disease (COPD).
Pneumonia hospitalizations per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 people of hospital discharges with a principal diagnosis of pneumonia.
PHYSICAL ACTIVITY, NUTRITION AND WEIGHT		
Obesity (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults with a Body Mass Index of 30 or more, based on self-reported height and weight.
Overweight (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults with a Body Mass Index between 25.0 and 29.9, based on self-reported height and weight.
Obesity (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex). Data collected in odd numbered years.
Obesity (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex). Data collected in odd numbered years.
Overweight (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who were overweight (at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex). Data collected in odd numbered years.

INDICATOR	DATA SOURCE	DEFINITION
PHYSICAL ACTIVITY, NUTRITION AND WEIGHT (CONTINUED)		
Overweight (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who were overweight (at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex). Data collected in odd numbered years.
Sedentary lifestyle – no leisure-time physical activity in past month (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who did not participate in any physical activities or exercises during the past month, other than during their regular job.
Met aerobic physical activity recommendations (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who reported doing enough physical activity to meet the aerobic recommendations. Data collected in odd numbered years.
Met physical activity recommendations (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who were physically active for a total of at least 60 minutes per day on seven of the past seven days. Data collected in odd numbered years.
Met physical activity recommendations (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who were physically active for a total of at least 60 minutes per day on seven of the past seven days. Data collected in odd numbered years.
Fewer than two hours combined screen time (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students watching two or fewer hours of combined screen time (including television, video games, and computers) per day on an average school day. Data collected in odd numbered years.
Fewer than two hours combined screen time (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students watching two or fewer hours of combined screen time (including television, video games, and computers) per day on an average school day. Data collected in odd numbered years.
Fruit consumption (adults reporting less than one serving per day)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who consume less than one serving per day of fruits or fruit juice. Data collected in odd numbered years. 2017 data cannot be compared to earlier data for this measure due to questionnaire changes.
Vegetable consumption (adults reporting less than one serving per day)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who consume less than one serving per day of vegetables. Data collected in odd numbered years. 2017 data cannot be compared to earlier data for this measure due to questionnaire changes.
Fruit and vegetable consumption (high school students reporting five or more a day)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days. Data collected in odd numbered years.
Fruit and vegetable consumption (middle school students reporting five or more a day)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days. Data collected in odd numbered years.
Soda/sports drink consumption (high school students reporting one or more a day)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who drank at least one can, bottle, or glass of sugar-sweetened beverages per day during the past week. Data collected in odd numbered years.
Soda/sports drink consumption (middle school students reporting one or more a day)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- or eighth-grade students who drank at least one can, bottle, or glass of sugar-sweetened beverages per day during the past week. Data collected in odd numbered years.
Food insecurity	<i>Feeding America: Map the Meal</i>	Percentage of households that lack access, at times, to enough food for an active, healthy life for all household members, or that have limited or uncertain availability of nutritionally adequate food.
Food insecurity (youth)	<i>Feeding America: Map the Meal</i>	Percentage of households that lack access, at times, to enough food for an active, healthy life for all household members or that have limited or uncertain availability of nutritionally adequate food. Youth refers to children under 18.
Limited access to healthy food	<i>USDA Food Environment Atlas</i>	Percentage of households that have limited access and proximity to a grocery store

INDICATOR	DATA SOURCE	DEFINITION
PREGNANCY AND BIRTH OUTCOMES		
Infant deaths per 1,000 live births	<i>Maine CDC Vital Records</i>	Rate per 1,000 births of babies who died before their first birthday.
Low birth weight (<2500 grams)	<i>Maine CDC Vital Records</i>	Percentage of babies born with a weight less than 2,500 grams.
Pre-term live births	<i>Maine CDC Vital Records</i>	Percentage of babies born before 37 weeks of gestation.
Births to 15-19-year olds per 1,000 population	<i>Maine CDC Vital Records</i>	Rate per 1,000 women, ages 15-19 years, who gave birth.
Unintended births	<i>Pregnancy Risk Assessment Monitoring System</i>	Percentage of new mothers who reported that they had not wanted to be pregnant at all or wanted to be pregnant later.
Births for which the mother received more than 80% of expected prenatal visits	<i>Maine CDC Vital Records</i>	Percentage of new mothers who had more than 80% of the expected prenatal visits.
Smoked during pregnancy	<i>Maine CDC Vital Records</i>	Percentage of new mothers who smoked cigarettes at any time during pregnancy.
Drank alcohol during pregnancy	<i>Pregnancy Risk Assessment Monitoring System</i>	Percentage of new mothers who drank alcohol during the last three months of pregnancy.
Infants who are ever breast fed	<i>Maine CDC Vital Records</i>	Percentage of babies who were ever fed breast milk.
Infants who are exclusively breast fed to 6 months	<i>National Immunization Survey</i>	Percentage of babies who were only fed breast milk (no solids, water, or other liquids) from birth to six months of age.
C-sections among low-risk first births	<i>Maine CDC Vital Records</i>	Percentage of low-risk first births for which a cesarean section was completed.
CHILDREN WITH SPECIAL HEALTH CARE NEEDS		
Children with special health care needs	<i>National Survey of Children's Health</i>	Percentage of children, ages 0-17 years, whose parents report that they have a special health care need.
Developmental screening for MaineCare members	<i>MaineCare</i>	Percentage of MaineCare members at ages 0,1, 2 and 3 years who received developmental screening using a parent-completed evidence-based screening tool.
Developmental screening for children	<i>National Survey of Children's Health (NSCH)</i>	Percentage of children, ages 9-35 months, who received developmental screening using a parent-completed screening tool.
ELDER HEALTH		
Cognitive decline	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults, ages 45 and over, who experienced confusion or memory loss that happened more often or got worse within the past 12 months. Data collected in 2012 and 2016.
Arthritis	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have been told by a healthcare provider that they have arthritis.
Caregiving at least 20 hours per week	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who provided regular care or assistance to a friend or family member who has a health problem or disability for at least 20 hours a week during the past 30 days. Data collected in odd numbered years beginning in 2015.
ENVIRONMENTAL HEALTH		
Homes with private wells tested for arsenic	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of households with a private well where the well water has been tested for arsenic. This data is weighted to be representative of all households in Maine.
Adults living in households with private wells tested for arsenic	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who report that their home has a private well and that the well water has been tested for arsenic. This data is weighted to be representative of individuals living in Maine, not households, in order to measure differences in individual level characteristics.
Children with confirmed elevated blood lead levels (percentage among those screened)	<i>Maine CDC Childhood Lead Poisoning Prevention Unit</i>	Percentage of children, ages 0-36 months, among those screened, who had a confirmed blood lead level above 5 micrograms per deciliter.
Children with unconfirmed elevated blood lead levels (percentage among those screened)	<i>Maine CDC Childhood Lead Poisoning Prevention Unit</i>	Percentage of children, ages 0-36 months, among those screened, who had a finger stick blood lead test showing a blood lead level above 5 micrograms per deciliter.

INDICATOR	DATA SOURCE	DEFINITION
ENVIRONMENTAL HEALTH (CONTINUED)		
Lead screening among children (ages 12-23 months)	<i>Maine CDC Childhood Lead Poisoning Prevention Unit</i>	Percentage of children, ages 24-35 months, who have had their blood tested for elevated blood lead levels.
Lead screening among children (ages 24-35 months)	<i>Maine CDC Childhood Lead Poisoning Prevention Unit</i>	Percentage of children, ages 12-23 months, who have had their blood tested for elevated blood lead levels.
Homes tested for radon	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of homes responding "Yes" to the question "Has your household air been tested for the presence of radon gas?" This data is weighted to be representative of all households in Maine.
Adults living in households tested for radon	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who report that their household air been tested for the presence of radon gas. This data is weighted to be representative of individuals living in Maine, not households, in order to measure differences in individual level characteristics.
IMMUNIZATIONS		
Two-year-olds up-to-date with recommended immunizations	<i>Maine Immunization Program</i>	Percentage of children, ages 24-35 months, who are up-to-date with all recommended immunizations, assessed on December 31 of each year. The 4313314 series of recommended vaccines that are assessed for includes 4 doses for DTaP (diphtheria, tetanus and pertussis), 3 doses for IPV (Polio) 1 MMR (Measles Mumps and Rubella), 3 doses for Hib (Haemophilus influenzae type b), 3 doses for Hepatitis B, 1 dose for varicella (Chicken Pox) and 4 doses for PCV (Pneumococcal conjugate). It does not include annual influenza vaccination, or hepatitis A vaccination.
Influenza vaccination in the past year (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who had either a seasonal flu shot or a seasonal flu vaccine that was sprayed in their nose during the past 12 months.
Pneumococcal pneumonia vaccination (adults ages 65+)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults, ages 65 and older, who have ever had a pneumonia vaccine.
Immunization exemptions among kindergarteners for philosophical reasons	<i>Maine Immunization Program</i>	Percentage of kindergarteners who were exempted from school immunization requirements due to philosophical reasons.
13 year-olds with up-to-date HPV Immunization	<i>Maine Immunization Program</i>	Percentage of 13 year olds who are up-to-date with the recommended series of human papillomavirus (HPV) vaccinations, assessed on December 31 of each year.
13 year-olds with up-to-date MCV4 Immunization	<i>Maine Immunization Program</i>	Percentage of 13 year olds who are up-to-date with the recommended meningococcal conjugate virus (MCV4) vaccination, assessed on December 31 of each year.
13 year-olds with up-to-date Tdap Immunization	<i>Maine Immunization Program</i>	Percentage of 13 year olds who up-to-date with recommended tetanus, diphtheria, and pertussis (Tdap) vaccinations, assessed on December 31 of each year.
INFECTIOUS DISEASE		
Gastrointestinal disease new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of new cases of the four most common reportable enteric diseases.
Hepatitis A (acute) new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of new cases of hepatitis A.
Hepatitis B (acute) new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of new cases of acute hepatitis B.
Hepatitis B (chronic) new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of newly reported cases of chronic hepatitis B.
Hepatitis C (acute) new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of new cases of acute hepatitis C.
Hepatitis C (chronic) new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of newly reported cases of chronic hepatitis C.
Lyme disease new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of new cases of Lyme disease.
Pertussis new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of new cases of pertussis.
Tuberculosis new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of new cases of active acute tuberculosis.

INDICATOR	DATA SOURCE	DEFINITION
INFECTIOUS DISEASE (CONTINUED)		
Chlamydia new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of new cases of chlamydia.
Gonorrhea new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of new cases of gonorrhea.
HIV new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of newly diagnosed cases of HIV.
Syphilis new cases per 100,000 population	<i>Maine Infectious Disease Surveillance System</i>	Rate per 100,000 people of new cases of syphilis.
UNINTENTIONAL INJURY		
Injury deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths due to injuries.
Fall-related deaths (unintentional) per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths due to unintentional falls.
Poisoning deaths (unintentional and undetermined intent) per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths due to poisonings of unintentional and undetermined intent.
Motor vehicle traffic crash (unintentional) deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths due to unintentional motor vehicle crashes.
Fall-related injury (unintentional) emergency department rate per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 people of emergency department discharges with a diagnoses of a fall-related injury.
Traumatic brain injury emergency department rate per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 people of emergency department discharges with a diagnoses of traumatic brain injury.
Work-related deaths (number)	<i>Maine Dept. of Labor</i>	Number of deaths from work-related injuries.
Always wear seatbelt (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who always wear a seatbelt when riding in a vehicle. Data collected in odd numbered years.
Always wear seatbelt (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who always wear a seatbelt when riding in a vehicle. Data collected in odd numbered years.
INTENTIONAL INJURY		
Firearm deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths due to firearms, all intents.
Suicide deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths due to suicide.
Rape/non-consensual sex (among females, lifetime)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of females who have ever had sex with someone after they said or showed that they didn't want them to or without their consent.
Violence by current or former intimate partners in past 12 months (among females)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of females who have experienced physical violence or had unwanted sex with a current or former intimate partner within the past 12 months. Data collected in even numbered years.
Bullying on school property (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who have been bullied on school property in the past 12 months. Data collected in odd numbered years.
Bullying on school property (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who have ever been bullied on school property. Data collected in odd numbered years.
Intentional self-injury (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose. Data collected in odd numbered years.
Intentional self-injury (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose. Data collected in odd numbered years.

INDICATOR	DATA SOURCE	DEFINITION
INTENTIONAL INJURY (CONTINUED)		
Nonfatal child maltreatment per 1,000 population	<i>Child Maltreatment Report, US Agency for Children Youth and Families</i>	Rate per 1,000 children, under age 18, of child maltreatment that is a threat to a child's health or welfare.
Violent crime rate per 100,000 population	<i>Maine Dept. of Public Safety</i>	Rate per 100,000 people of violent crime offenses. Violent crime is defined as a murder, rape, robbery or aggravated assault.
MENTAL HEALTH		
Mental health emergency department rate per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 people of emergency department discharges with a principal diagnosis of mental health condition.
Depression, current symptoms (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have current symptoms of depression based on two questions in the BRFSS
Depression, lifetime	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have ever been told by a healthcare provider that they have a depressive disorder.
Anxiety, lifetime	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have ever been told by a healthcare provider that they have an anxiety disorder.
Sad/hopeless for two weeks in a row (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities. Data collected in odd numbered years.
Sad/hopeless for two weeks in a row (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities. Data collected in odd numbered years.
Seriously considered suicide (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who seriously considered attempting suicide during the past 12 months. Data collected in odd numbered years.
Seriously considered suicide (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who ever seriously considered attempting suicide. Data collected in odd numbered years.
Chronic disease among persons with depression	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have reported current symptoms of depression and have three or more chronic conditions. Chronic conditions include: skin cancer, other types of cancer, cardiovascular disease [such as stroke], coronary heart disease [such as heart attack], arthritis, COPD and asthma, obesity, and chronic kidney disease.
Ratio of population to psychiatrists	<i>Health Resources and Services Administration</i>	Ratio of the population to practicing psychiatrists.
Currently receiving outpatient mental health treatment (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who are currently taking medicine or receiving treatment from a doctor for any type of mental health condition or emotional problem.
Children with mental health disorders who receive treatment	<i>National Survey of Children's Health</i>	Percentage of children, ages 3-17 years, who have been diagnosed by a healthcare provider with a mental or behavioral condition who receive treatment.
Adults with mental health disorders who receive treatment	<i>National Survey on Drug Use and Health</i>	Percentage of adults with any mental illness who received mental health services in the past 12 months.
12-17-year-olds with major depressive episode who receive treatment	<i>National Survey on Drug Use and Health</i>	Percentage of adolescents, ages 12-17 years, with major depressive episode who received treatment for depression in the past 12 months.
ORAL HEALTH		
Ratio of population to practicing dentists	<i>Health Resources and Services Administration</i>	Ratio of population to practicing dentists.
Dentist visits in the past year (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who visited the dentist or a dental clinic for any reason in the past 12 months. Data collected in even numbered years.

INDICATOR	DATA SOURCE	DEFINITION
ORAL HEALTH (CONTINUED)		
Children with at least one preventative dental visit in the past year (<21)	<i>Maine Health Data Organization, All Payer Claims Database</i>	Percentage of children and young adults under age 21 who had MaineCare or Commercial insurance for at least 11 out of 12 months with at least one claim for a preventative dental service in the past year.
Adult tooth loss	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have lost six or more teeth due to tooth decay or gum disease. Data collected in even numbered years.
Children covered by dental insurance (<21)	<i>Maine Health Data Organization, All Payer Claims Database</i>	Percentage of children and young adults under age 21 who had MaineCare or Commercial insurance for dental health care for at least 11 out of 12 months.
Children with at least one dental claim in the past year (<21)	<i>Maine Health Data Organization, All Payer Claims Database</i>	Percentage of children and young adults under age 21 who had MaineCare or Commercial insurance for at least 11 out of 12 months with at least one dental claim in the past year.
Ambulatory care sensitive dental emergency department rates for adults per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 adults with emergency department (ED) visits for dental-related reasons for which good regular dental care can potentially prevent the need for hospitalization, or for which early intervention can prevent complications or more severe disease. Note that included conditions are different for adult than for children.
Ambulatory care sensitive dental emergency department rates for children per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 children with emergency department (ED) visits for dental-related reasons for which good regular dental care can potentially prevent the need for hospitalization, or for which early intervention can prevent complications or more severe disease. Note that included conditions for children are primarily for untreated cavities and are different for adults.
SUBSTANCE USE		
Overdose deaths per 100,000 population	<i>Maine CDC Vital Records</i>	Rate per 100,000 people of deaths due to a drug overdose.
Drug-induced deaths per 100,000 population	<i>Maine CDC Vital Records and CDC WONDER Online Database</i>	Rate per 100,000 people of deaths for which drugs are the underlying cause, including those attributable to acute poisoning by drugs and those from medical conditions resulting from chronic drug use. Deaths due to alcohol use are excluded.
Alcohol-induced deaths per 100,000 population	<i>Maine CDC Vital Records and CDC WONDER Online Database</i>	Rate per 100,000 people of deaths for which alcohol is the underlying cause, including those attributable to acute alcohol poisoning and those from medical conditions resulting from chronic alcohol use.
Alcohol-impaired driving deaths per 100,000 population	<i>Maine Dept. of Transportation</i>	Rate per 100,000 population of alcohol-impaired driving fatalities (with a blood alcohol content of .08 or over).
Drug-affected infant reports per 1,000 births	<i>Maine Automated Child Welfare Information System (Maine Office of Child and Family Services)</i>	Rate per 1,000 births of infants for which a healthcare provider reported that there was reasonable cause to suspect the baby may be affected by illegal substance abuse or demonstrating withdrawal symptoms resulting from prenatal drug exposure or has a fetal alcohol spectrum disorder.
Chronic heavy drinking (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who drink more than two drinks per day for men or more than one drink per day for women.
Binge drinking (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who had five or more drinks on at least one occasion for men or four or more drinks on at least one occasion for women in the past 30 days.
Past-30-day marijuana use (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who used marijuana during the past 30 days.
Past-30-day misuse of prescription drugs (adult)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who used prescription drugs that were either not prescribed and/or not used as prescribed in order to get high at least once within the past 30 days.
Past-30-day alcohol use (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who had at least one drink of alcohol on at least one day in the past 30 days. Data collected in odd numbered years.
Past-30-day alcohol use (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who had at least one drink of alcohol on at least one day in the past 30 days. Data collected in odd numbered years.

INDICATOR	DATA SOURCE	DEFINITION
SUBSTANCE USE (CONTINUED)		
Binge drinking (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who had five or more alcoholic drinks on at least one day in the last 30 days. Data collected in odd numbered years.
Binge drinking (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who had five or more alcoholic drinks in a row on at least one day in the last 30 days. Data collected in odd numbered years.
Past-30-day marijuana use (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who used marijuana at least one time in the last 30 days. Data collected in odd numbered years.
Past-30-day marijuana use (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who used marijuana at least one time in the last 30 days. Data collected in odd numbered years.
Past-30-day misuse of prescription drugs (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who used a prescription drug without a doctor's prescription at least one time in the last 30 days. Data collected in odd numbered years.
Past-30-day misuse of prescription drugs (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who used a prescription drug without a doctor's prescription at least one time in the last 30 days. Data collected in odd numbered years.
Narcotic doses dispensed per capita by retail pharmacies	<i>Prescription Monitoring Program</i>	Narcotic doses dispensed per capita by retail pharmacies. This excludes doses dispensed in other health care settings such as ambulatory health care offices, emergency rooms and hospitals.
Adults who needed and did not receive treatment for illicit drug use	<i>National Survey on Drug Use and Health</i>	Percentage of individuals 12 and older who needed but did not receive treatment for illicit drug use during the past 12 months.
Adults who needed and did not receive treatment for alcohol use	<i>National Survey on Drug Use and Health</i>	Percentage of individuals 12 and older who needed but did not receive treatment for alcohol use in the past 12 months during the past 12 months.
Overdose emergency medical service responses per 10,000 population	<i>Maine Emergency Medical Services</i>	Rate per 10,000 population of overdose emergency medical service responses, including overdoses from drugs, medications, alcohol, and inhalants.
Opiate poisoning emergency department rate per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 population of emergency department discharges with a principal diagnosis of opiate poisoning.
Opiate poisoning hospitalizations per 10,000 population	<i>Maine Health Data Organization Hospital Discharge Data</i>	Rate per 10,000 population of hospital discharges with a principal diagnosis of opiate poisoning.
TOBACCO USE		
Current (every day or some days) smoking (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who have smoked at least 100 cigarettes in their lifetime and currently smoke.
Current (every day or some days) E-cigarette use (adults)	<i>Behavioral Risk Factor Surveillance System</i>	Percentage of adults who used electronic "vaping" products every day or some days.
Past-30-day cigarette smoking (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who smoked cigarettes on at least one day in the past 30 days. Data collected in odd numbered years.
Past-30-day cigarette smoking (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who smoked cigarettes on at least one day in the past 30 days. Data collected in odd numbered years.
Past-30-day E-cigarette use (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who used an electronic vapor product at least one day in the last 30 days. Data collected in odd numbered years.
Past-30-day E-cigarette use (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who used an electronic vapor product at least one day in the last 30 days. Data collected in odd numbered years.
Past-30-day tobacco use (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days. Data collected in odd numbered years.
Past-30-day tobacco use (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days. Data collected in odd numbered years.

INDICATOR	DATA SOURCE	DEFINITION
TOBACCO USE (CONTINUED)		
Environmental tobacco smoke exposure (high school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of high school students who were in the same room with someone who was smoking cigarettes at least one day during the past seven days. Data collected in odd numbered years.
Environmental tobacco smoke exposure (middle school students)	<i>Maine Integrated Youth Health Survey</i>	Percentage of seventh- and eighth-grade students who were in the same room with someone who was smoking cigarettes at least one day during the past seven days. Data collected in odd numbered years.
Maine QuitLink users	<i>Center for Tobacco Independence</i>	Percentage of current adult smokers who received treatment services (counseling and/or nicotine replacement therapy) from the Maine QuitLink (Formerly the Maine Tobacco Help Line).