

Maine's Lifetime of Good Health

These are the shots your teen needs – Immunize as soon as possible!

Age	Vaccine
Ages 11 – 18	Tdap (Tetanus, Diphtheria and Pertussis) Protects against tetanus, serious breathing problems, and whooping cough
	HPV (Human Papillomavirus) Protects against cervical and other cancers
	Heb A (Hepatitis A) Protects against hepatitis A, a liver disease
	MCV4 (Meningococcal) Protects against meningitis
	HepB (Hepatitis B) Protects against hepatitis B, a liver disease
	Influenza (Flu) Protects against serious respiratory disease

- This is a routine schedule; some teens may need additional shots.
- Please speak with your health care provider to see if your teen needs additional shots.
- Influenza recommendations change frequently; please contact your healthcare provider to see if your teen needs influenza vaccine.

**For more information please contact the Maine Immunization Program at
1- 800- 867- 4775 or 207-287-3746
TTY Users Dial: 711 (Maine Relay)**



Maine's Immunization Schedule is compatible with the current recommendations of the Advisory Committee on Immunization Practices (ACIP), the Centers for Disease Control and Prevention (CDC), the American Academy of Pediatrics (AAP), and the American Academy of Family Physicians (AAFP).

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