



Lyme Disease

Maine Surveillance Report | 2023

Case Information:

2942

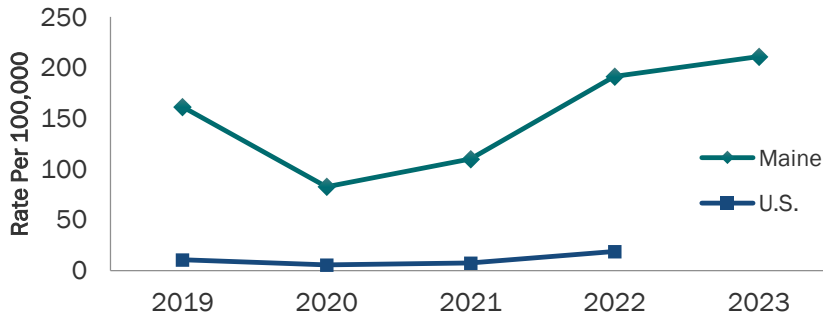
Probable cases of Lyme disease

210.8

Cases per 100,000 people

11%

Increase from 2022



Characteristics:

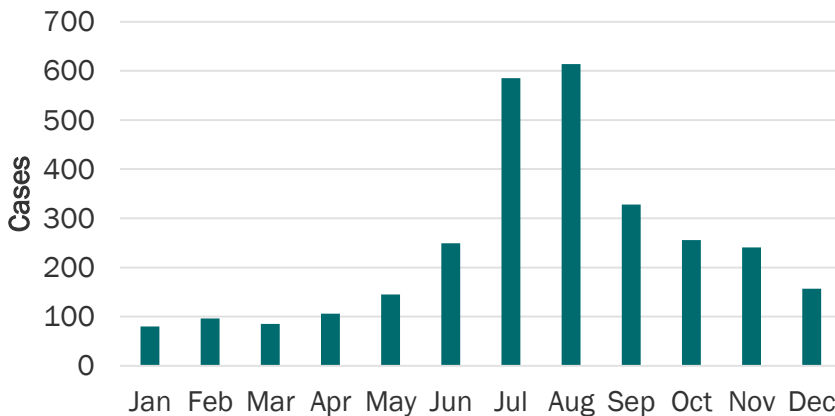


4%
co-infected with anaplasmosis

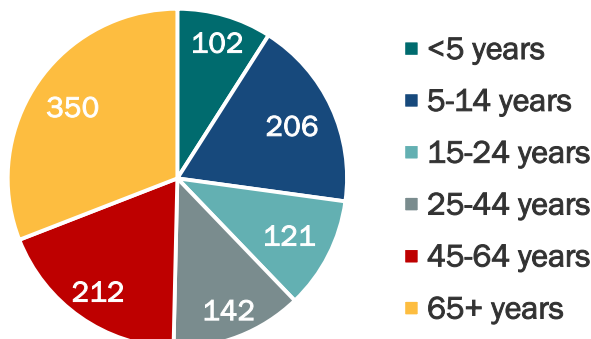
2%
co-infected with babesiosis

0%
co-infected with all three diseases

Monthly Distribution (by date of report):



Case Rate by Age Group (per 100,000):



Demographics:

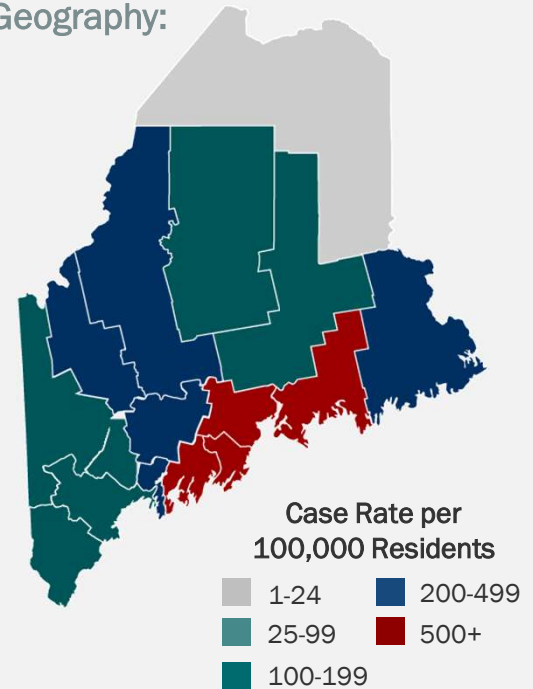


58% of patients were male

Median age of 59
Age range of 1-95 years

80% of patients were White

Geography:



Trends:

- Cases reported in all 16 counties.
- Highest rate in Knox County.
- Highest rate in 65+ age group.
- Lowest rate in <5 age group.

Prevention:

- **Wear light-colored clothing**, including long-sleeved shirts, long pants, and socks.
- **Use EPA-approved repellents**
- **Avoid infested areas** like wooded and brushy areas with high grass and leaf litter.
- **Do a full-body tick check** including your clothing and gear when coming back indoors.
- **Call a provider** if symptoms develop.

For more information visit:

- www.maine.gov/Lyme
- www.cdc.gov/Lyme