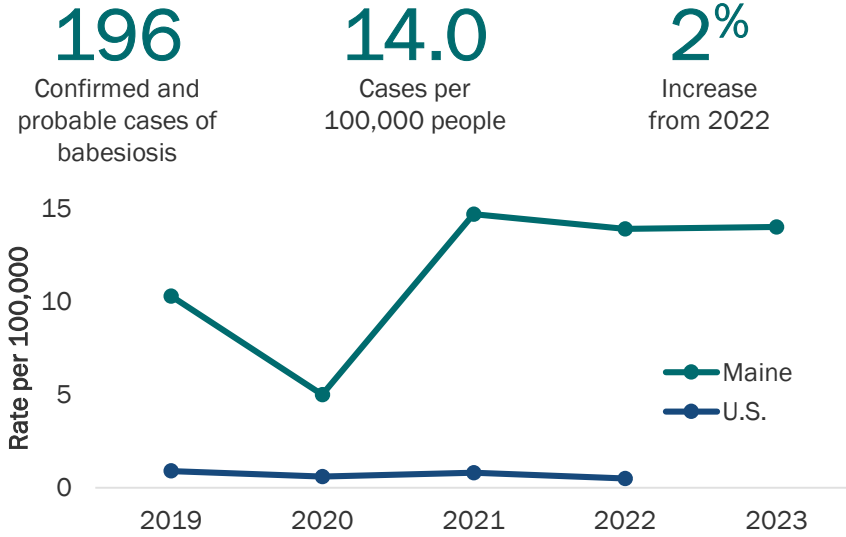




Babesiosis

Maine Surveillance Report | 2023

Case Information:



Demographics:

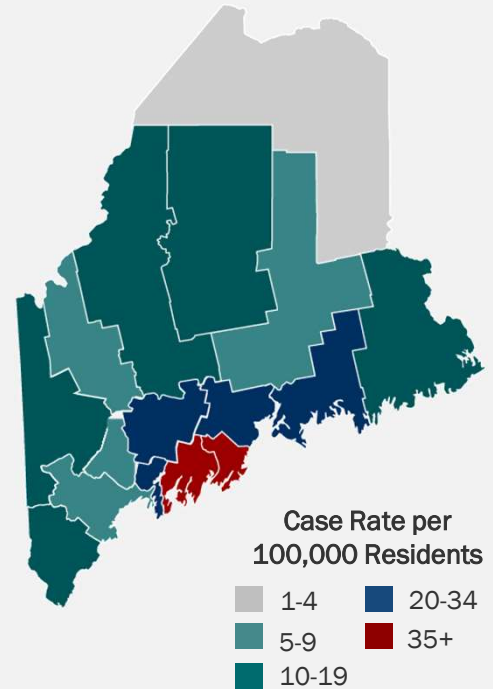


54% of patients were male

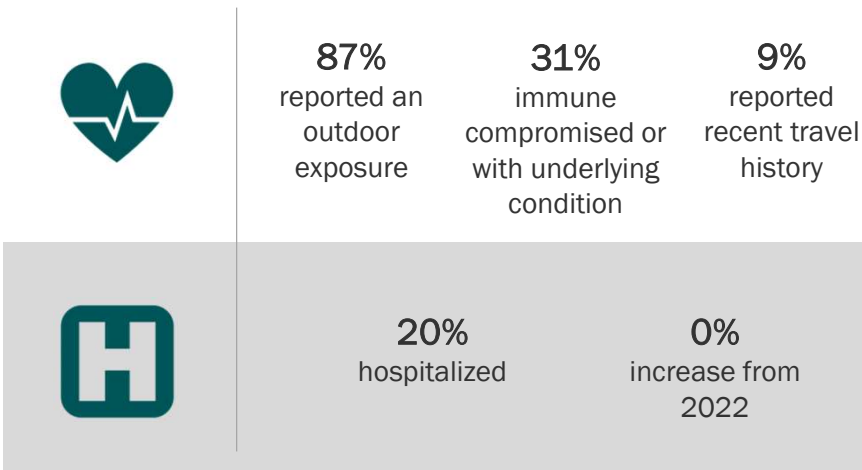
Median age of 66
Age range of 5 months-94 years

93% of patients were White

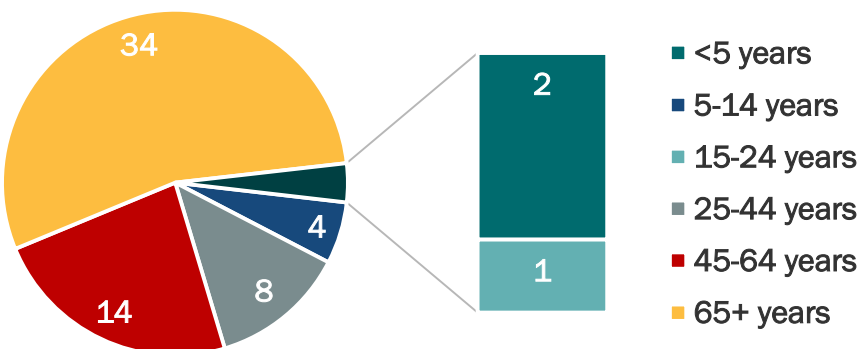
Geography:



Characteristics:



Case Rate by Age Group (per 100,000):



Trends:

- Cases reported in 16 out of 16 counties.
- Highest rate in Lincoln County.
- Highest rate in 65+ age group.
- Lowest rate in 15-24 age group.
- Most common symptoms reported are fevers, muscle aches, chills, headaches, sweats, and joint pain.

For more information visit:

- www.maine.gov/dhhs/babesiosis
- www.cdc.gov/babesiosis



Clinical Information:



43%
reported history
of tick bite

34%
co-infected with
Lyme disease

4%
co-infected with
anaplasmosis

0%
co-infected with all
three diseases



78%
reported a
fever

71%
reported
muscle aches

70%
reported
chills

59%
reported a
headache



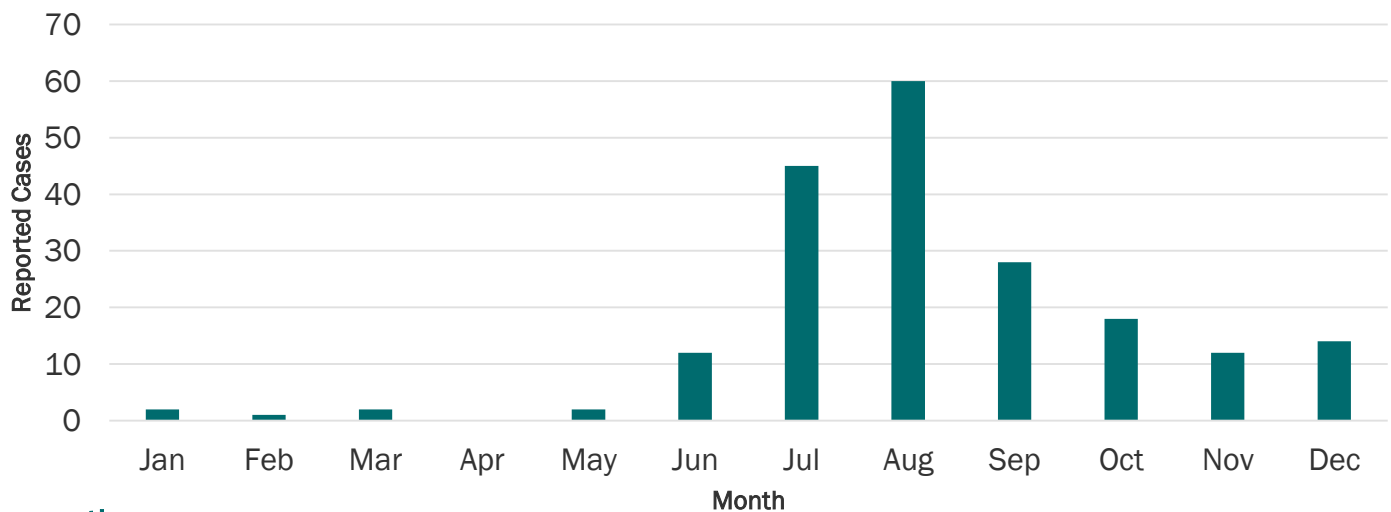
46%
had low platelet
counts

52%
had low red
blood cell counts

62%
reported
sweats

34%
reported joint
pain

Monthly Distribution (by date of report):



Prevention:

Wear light-colored clothing, including long-sleeved shirts, long pants, and socks

Use EPA-approved repellants on skin and clothing

Avoid infested areas like wooded and brushy areas with high grass and leaf litter

Do a full-body tick check including your clothing and gear when coming back indoors

Call a healthcare provider if symptoms develop