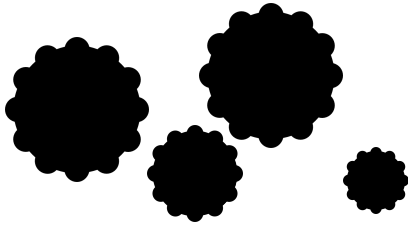
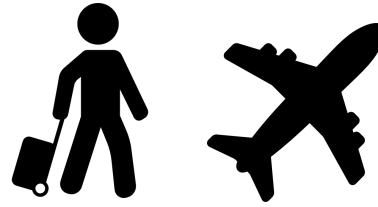


Hepatitis E

Fact Sheet



Hepatitis E is a liver disease caused by the hepatitis E virus (HEV).



Hepatitis E is rare in the United States, although it is common in many parts of the world. Travelers to areas with poor sanitation are at the highest risk for hepatitis E.

Signs and Symptoms



Fever



Feeling Tired



Loss of Appetite



Nausea and Vomiting

Signs and symptoms also include abdominal pain, dark urine, clay-colored stool, joint pain, and jaundice (a yellowing of the skin or eyes). Some people with hepatitis E do not have any symptoms.

If symptoms occur, they usually appear anywhere from two to six weeks after exposure. Hepatitis E can seriously affect pregnant women and immunocompromised persons.

Spread



Hepatitis E spreads by:

- Drinking water contaminated with the stool of an infected person
- Eating raw or undercooked pork or deer

There is no FDA approved vaccine or specific treatment for hepatitis E.

For More Information



Contact your doctor or Maine Center for Disease Control and Prevention at 1-800-821-5821 for more information or if you think you have hepatitis E. Make sure to tell your doctor if you are sick and had recent travel.

You can also visit www.cdc.gov/hepatitis/hev.