



LEAD POISONING: How To Protect Your Family

When lead gets into the body, it poisons and harms people. Even a small amount of lead dust can cause learning disabilities, behavior problems, hearing or speech problems, and lower intelligence. Children under age six are at highest risk.

If you live in Maine & have children under age 6, you qualify for a FREE lead dust kit.

Contact:
[www.maine.gov/
healthyhomes](http://www.maine.gov/healthyhomes)
1-866-292-3474

How can I protect my family in an older home?

- Ask your doctor about a lead test for your child
- Don't eat anything that has fallen on the floor
- Wipe floors, windowsills, and tables with wet cloths
- Wipe down toys often and wash bottles and pacifiers
- Don't let your kids play in areas where there may be old paint
- Keep checking painted windows, doors and floors for peeling or chipping paint
- Always wash your child's hands after play and before eating and sleeping

Lead can be found in homes built before 1978. Look for:

- Peeling or chipping paint
- Dust on windowsills and doorways
- Tap water from lead piping
- Painted toys and old painted furniture

