



Unit 3 Section 1 Lesson 3: Better Homes and Gardens

Handout 3

List of Possible Nectar, Host Plants, and Seeds for the Garden

Nectar Plants

- bee balm, *Monarda* spp.
- black-eyed Susan, *Rudbeckia* spp.
- bluebeard, *Caryopteris*
- coneflower, *Echinacea* spp.
- coreopsis, *Coreopsis* spp.
- dogbane, *Apocynum* spp.
- goldenrod, *Solidago* spp.
- ironweed, *Vernonia* spp.
- Joe Pye weed, *Eupatorium* spp.
- lantana, *Viburnum* spp.
- marigold, *Tagete* spp. (single petal varieties)
- Mexican sunflower, *Tithonia* spp.
- milkweed, *Asclepias* spp.
- New England aster, *Aster novae-angliae*
- phlox, *Phlox* spp.
- pincushion flower, *Scabiosa* spp.
- pink live-forever, *Sedum alboroseum*
- sweet William, *Dianthus barbatus*
- thistles, *Centaurea* and *Cirsium* spp.
- verbena, *Verbena* spp.
- white alyssum, *Alyssum* spp.
- zinnia, *Zinnia* spp.

Host Plants

- daisies
- hackberry
- parsley
- fennel
- dill
- rue
- violets
- turtlehead
- Queen Anne's lace
- snapdragon
- wild cherry
- aster
- passion flower vine
- milkweed
- willow
- clover
- hollyhock
- mallow
- spicebush
- sassafras

The following are shrubs and trees whose blooms provide nectar:

- butterfly bush, *Buddleia* spp.
- fruit trees, various
- lilac, *Syringa vulgaris*
- redbud, *Cercis canadensis*
- rose of Sharon, *Hibiscus syriacus*
- spicebush, *Spirea* spp.
- sumacs, *Rhus* spp.

