

What do I need to bring to my first WIC appointment?

Women, infants and children applying for WIC must be present at the first visit. You also need to bring the following:

Proof of income eligibility

If you receive MaineCare, SNAP, or TANF, you must bring one of the following:

- MaineCare card or eligibility letter for all persons applying for WIC
- SNAP enrollment or renewal letter
- TANF statement

Income for all household members for the past 30 days. This includes, but is not limited to:

- Pay stubs for the last 30 days
- Military earning statements/Leave and Earnings Statement (LES)
- Pay statement from employer
- Child support or alimony agreement
- Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) statement

Proof of where you live (your physical address, not a P.O. box). Examples include:

- Utility bill in your name, matching your given address
- Mail with your name and address on it
- Driver's license with your street address
- Rental agreement or mortgage paper with your name and address
- TANF statement, MaineCare card
- SNAP enrollment or renewal letter

Proof of identification for everyone applying for WIC. Examples include:

- MaineCare card
- Driver's license
- SSID card
- School or Employer ID card
- State issued ID card
- Passport
- Birth certificate
- Hospital crib card
- Vaccination record